

CYPRIAN Life



**Ash Wednesday - start of Lent
18th February - events throughout the day!**

The Magazine of St Cyprian's Church, Lenzie Feb & Mar 2026

Scottish Episcopal Church Diocese of Glasgow & Galloway

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**The News Magazine of
St. Cyprian's Scottish Episcopal Church,
Beech Road, Lenzie, Glasgow, G66 4HN**
Scottish Charity No. SC003826

The Scottish Episcopal Church is in full communion with the Church of England and all other churches of the Anglican Communion throughout the world

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From Our Priest-in-Charge

Dear Friends,

It seems hard to believe that we are only a couple weeks out from the start of Lent. I struggled to put together the magazine material this month because it feels like we've only just marked the incarnation and yet, I need to have plans in place for the long walk to Jerusalem!

Epiphany is a season full of signs: a star blazing in the night sky, a voice at the waters of baptism, crowds amazed by healing and teaching. Again and again, God speaks clearly and publicly, "This is my beloved Son." Christ



is revealed in light meant to be seen, shared, and celebrated. There is a generosity to Epiphany, a sense that God wants to be known.

Lent, by contrast, is quieter. The crowds thin. The voice grows softer. Jesus is led not into the spotlight, but into the wilderness. Here there are no miracles, no affirming crowds, no obvious signs; only silence, hunger, prayer, and trust. God is no less present, but God speaks differently.

This shift is not a loss. It is a gift.

Lent reminds us that God does not only speak through clarity and brightness. God also speaks in simplicity, in restraint, in the spaces where distractions fall away. In a world that prizes constant noise and immediate answers, the season of Lent offers us permission to notice what surfaces when we are not filling every moment.

The practices of Lent are not spiritual achievements or tests of endurance. They are ways of making room. They quiet our lives and our minds just enough that we might hear what God has been saying all along. They help us attend to the still, small voice that can be so easily be drowned out when we aren't being attentive.

As we look toward this season together, it is important to remember that there is no single *Continued overleaf*

Magazine & DNS Deadline

The next issue of *Cyprian Life* should be available on Sunday, 29th March 2026. The deadline for material is Sunday, 22nd March 2026, though it would be good to get things earlier, if possible. The magazine will be for April 2026 only.

Please email notes, articles, photographs and anything else that may be of interest to other members of the congregation to me by the deadline in order to give time for typesetting and printing. Electronic format is strongly preferred.

Please let me know about what is important to you, especially how world events have affected you.

I sometimes incorporate items from the Glasgow & Galloway Diocesan News that I hope might interest members of the congregation. You can subscribe to receive the monthly news email from the diocese by going to glasgow.anglican.org, the diocesan home page, and entering your email address in the box at the bottom of the page. The email newsletter takes the form of brief paragraphs with links to fuller articles on the diocesan website and, where appropriate, other sites. The diocese is also on Facebook—search ‘Diocese of Glasgow & Galloway’.

We are encouraged to contribute by sending any items for the email newsletter to news@glasgow.anglican.org. There’s no stated deadline, but they need to be in a few days before the email comes out (usually on the second last Friday of the month).

The views expressed in *Cyprian Life* are not necessarily those of the Editor or of the Scottish Episcopal Church.

Paul Hindle
Magazine Editor

From Our Priest-in-Charge *continued from page 3*

“right” way to keep Lent. Some will take on new disciplines. Some will let go of burdens they have carried too long. Some will simply show up, weary but willing. All of it belongs. God meets us where we are, not where we think we should be.

The light of Epiphany does not disappear when Lent begins. It goes with us into the quiet, wilderness places of our lives.

May this season give us ears to hear. May we discover that even in silence, we are not alone. And may the God who revealed Christ to the world walk faithfully with us through these forty days, shaping us in love.

With love,

A handwritten signature in blue ink that reads 'Rev. Audrey'. The signature is fluid and cursive, with 'Rev.' written in a smaller, more formal script above 'Audrey'.

Cover Pictures

Audrey blesses the thresholds of the church and the hall as a fitting close to a very interesting and creative first meeting of the Mothers' Union branch this year that was held during the Epiphany season.

Part of the blessing was ‘May we be blessed with health, goodness of heart, gentleness, and abiding in your will, We ask this through Christ our Saviour. Amen’. You can read more about it in the MU article on page 8.

If you have a picture you think would be of interest, please send it to the editor at: magazine@stcyprianslenzie.com.

Lenten Bible Study

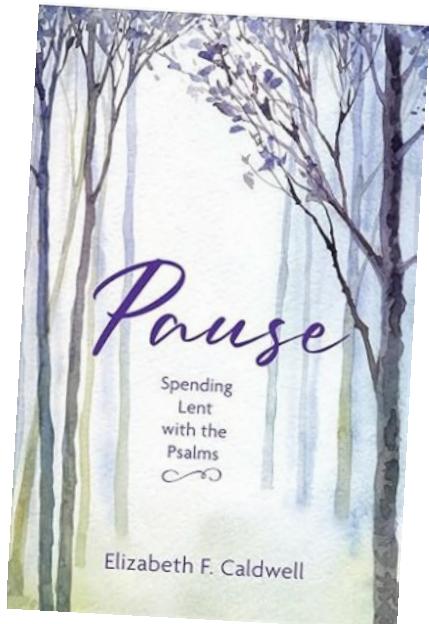
If you are looking for a way to explore scripture in community this Lent, I invite you to a combined Lenten Study with St. Cyprian's and St. James' churches. Meeting Thursday evenings from 7-8pm in the Choir Vestry at St. Cyprian's, or online via zoom, all are welcome as we explore the rich blessing of the psalms. Those who participate will have the option to purchase the book that Rev. Audrey will be using the frame the course, if they desire it.

There are 3 ways to participate: in person, via zoom, or through personal study prompted by the weekly class emails.

Those who sign up will receive weekly emails with study questions and things to consider as they examine the psalm of the week beginning from Ash Wednesday and ending on Easter.

In Person/Zoom Meetings

26 February



5 March

12 March

19 March

Register your interest with Rev. Audrey via email or click the link in the Link email.

The Link

For the latest information about events at St Cyprian's, please check the *Link* each week in Church or on our web site:

www.stcyprianslenzie.com
[and link.stcyprianslenzie.com](http://link.stcyprianslenzie.com)

The Link and the colour version of this magazine can be downloaded in PDF format by clicking on the links on the Publications page (older copies of the Link are in Word format).

If you would like to add an event to the Link and/or the website, please email the details to link@stcyprianslenzie.com or phone Rev. Audrey on 07424 723794.

Pastoral Care

One of the important purposes of Christ's church is to provide the love and care we all need.

Our new Priest-in-Charge, Audrey, is now working on meeting the need for pastoral care. She is planning to visit everyone in the congregation, but if you have a more immediate need, please phone her on 07424 723794 or email her at rector@stcyprianslenzie.com .

Other members of St. Cyprian's are also available to talk to if you wish. Rev. Audrey can put you in touch with an appropriate person that may be best qualified to help.

Having expected our Epiphany Party in January to be interesting, we were not disappointed! After our usual opening prayers and notices we handed over to Audrey.

This mysterious pattern will appear in chalk on doors throughout Christendom during Epiphany. The numbers form the year – 2026. The letters have a twofold significance – C, M and B are the initials for the traditional names of the Magi (Caspar, Melchior and Balthasar)



The table was covered in colourful stars and each star had a word written on it. Audrey asked us all to take a star which 'spoke' to us. Like the Magi we would have a star to follow, and would use that star word as a reflection aid throughout the coming year. Paper was given out and we each created an 'art' work about our word and then some of us explained why we had chosen our word and how we would use it in our prayers and activities during 2026. The star words were also left at the back of the church for everyone in the congregation to take if they wished.

We then had our usual tea/coffee and a piece of Three King Bread – delicious!

Audrey then gave us a piece of chalk to take home so that we could bless our houses with the following pattern:

20 † C † M † B † 26

and are also the initials of the blessing 'Christus Mansionem Benedictat', meaning 'may Christ bless this house'. We took our chalk to write the letters and numbers on our own houses and also used it to write on our church hall door and the main door of the church. Did you notice them?

Altogether a very interesting party.





February 4th will be our AGM and after the formal part of the meeting we plan to have a look at what being a Mother Union member means and what do we 'do'. Then our meeting on the 4th March will be a visit to Schoenstatt at Campsie Glen (*below left*) to walk the Stations of the Cross. This is always a wonderful and thoughtful experience in the beautiful grounds of the monastery which usually has a great display of spring bulbs.

Please come and join us for any or all of our meetings – everyone is welcome and we won't pressure you to join! My star word is 'invite' funny enough!

Maxine Gow
(Branch Leader)



Diocesan Prayer Space

Every second Thursday of the Month on Zoom
Join us for
Compline at 8pm
on 12th February
and 12th March 2026

The joining instructions will be circulated shortly before each meeting. Please contact Maxine if you haven't received them and you want to join with us.

Lenten Practice: Draw Near

'Draw near to God, and God will draw near to you.'

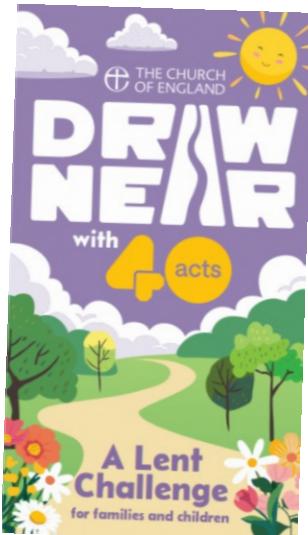
James 4.8

If you are looking for a Lenten practice this year, let St. Cyprian's support you in that. We have purchased copies of the Church of England 2026 Lenten programme, Draw Near. Built off of the 40 acts premise of doing 40 good things during Lent, this guided devotional will lead the user through a season of building habits that will strengthen their relationship with God.

"Draw Near is all about teaching us how we can cultivate the habits and practices that will draw us nearer to God. And we will find that, in doing so, God will draw nearer to us, too."

Archbishop Sarah Mullally & Archbishop Stephen Cottrell

Rev. Audrey has ordered 20 copies of the regular devotional and 5 copies of the kids and families edition. Households are asked to share a single copy so we have enough to go around. They will be available from the back of the church when they arrive. If you would like a copy, but cannot get one from the church, please speak with Rev Audrey about having it brought to you.



Music @ St Cyprian's

On the Saturday before Christmas, St Cyprian's was delighted to host Ensemble R6, a group of fabulously talented emerging professional musicians directed by Euan Kemp, who met while studying here in Scotland. It was a treat for the ears!



Music at St Cyprian's presents...

JOURNEYING THROUGH SONG

Saturday 28th February 7.30pm

Emily Kemp soprano

Claire Haslin piano



Programme highlights to include...

Ireland Rest, I Have Twelve Oxen

Handel O Had I Jubal's Lyre

Chausson Apaisement

Poulenc Métamorphoses

And a selection of songs from the shows...

St Cyprian's Church, Beech Rd, Lenzie

Tickets £12.50 available on the door

Phone 07702 224458 to reserve a place

Online www.ticketsource.co.uk/music-at-stcyprians

More info on www.musicstcyprians.co.uk



Scottish Charity No: SC003826

Chamber
Music
Scotland

As mentioned last time, the concert came about as a result of a conversation with Euan after the Aaron Hawthorne concert and it featured a variety of pieces that highlighted the range of talent in the ensemble. We hope they will be back in a future concert series. Thank you to Euan for organising the venture.

We are now looking forward to the next two concerts in the series as advertised on these pages.

There are more details of both concerts available on the Music @ St. Cyprian's website:

musicstcyprians.co.uk

That's where you'll find details of the last concert of the season to be held on 25th



Music at St Cyprian's presents...

ITO STRING QUARTET

Saturday 28th March 7.30pm

Kanako Ito violin
Iona McDonald violin
Andrew Berridge viola
Martin Storey cello



Tartini Sonata in G minor
Mozart Dissonance Quartet K465
Brahms A minor quartet Opus 51 no 2

April as well as a review of the full programme for the season. It will keep you up to date with any changes to the programme.

There are news and pictures of previous concerts including Ensemble R6 on the Music @ St Cyprian's Facebook page:

www.facebook.com/musicscyprians/
Follow the account to keep up to date!

St Cyprian's Church, Beech Rd, Lenzie
Tickets £12.50 available on the door
Phone 07702 224458 to reserve a place
Online www.ticketsource.co.uk/music-at-stcyprians

More info on www.musicstcyprians.co.uk

Scottish Charity No: SC003826

Chamber
Music
Scotland

We are assisted by Chamber Music Scotland which is in turn supported by Creative Scotland to bring live music to a local audience here in Lenzie.



Fair Trade

St Cyprian's is a Fair Trade Church and is therefore committed to using Fair Trade products.

We are in contact with Marion Martin who holds a local stock of fair trade goods. Please contact the editor with any request for goods. We are hoping to provide a stall about four times a year, if there is a demand.

Please buy Fair Trade at the local shops when you can. Thank you.

Anglican & Diocesan Cycle of Prayer

We are asked to pray every day for our Bishop Nick.

Please also pray for our Priest-in-Charge, Audrey, the Vestry and Congregation here at St Cyprian's as we continue on our journey together into the future.

FEBRUARY 2026

Sunday 1st February

Fourth Sunday after Epiphany

ANGLICAN

The Church of England

DIOCESAN

All Saints, Challoch; St Margaret of Scotland, New Galloway (Dawn Matthew, Kirsty Anderson)

Daily Prayers

2nd All young couples on their journey through life together

3rd Diocesan Council

4th St Cyprian's Mothers' Union AGM

5th All "Maggie's" Cancer Care centres in Scotland

6th Safety for all young adults, at home and abroad

7th The Aberlour Child Care Trust

Sunday 8th February

Fifth Sunday after Epiphany

ANGLICAN

Hong Kong Sheng Kung Hui

DIOCESAN

St Mary's, Gatehouse of Fleet; St Francis of Assisi (Greyfriars), Kirkcudbright (Alison Hudson, Gill Hart, John Martin, Gordon Mursell)

Daily Prayers

9th Porvoo Communion: The Church of

Sweden

10th Scottish Episcopal Church: Argyll and The Isles (Bishop David Railton).

11th Christian Stewardship

12th For all whose ministry is expressed in healing

13th Fulfilling and loving relationships

14th For Health Visitors and District Nurses

Sunday 15th February

Transfiguration Sunday (Sunday before Lent)

ANGLICAN

The Church of the Province of the Indian Ocean

DIOCESAN

St Ninian's, Castle Douglas (Vacant, Alan Rumble)

Christ Church, Dalbeattie (Vacant, John Simmons, Helen Evans)

Daily Prayers

16th The work of Quarriers Homes

17th Porvoo Communion: The Church of England

18th A Holy Lent (Ash Wednesday)

19th Kirkintilloch and Lenzie Action of Churches Together

20th Social Justice throughout the World

21st The people of the Holy Land and for a lasting a just peace for all

Sunday 22nd February

First Sunday of Lent

ANGLICAN

The Church of Ireland

DIOCESAN

St John the Evangelist, Dumfries (Vacant, James Clark-Maxwell, Andrew MacKenzie, Steven Ballard, Richard Starkey)

& Daily Intentions

St Ninian's, Portpatrick; St John the Evangelist, Stranraer (Elizabeth Breakey)

Daily Prayers

- 23rd Sincerity, truth and love in all our relationships
- 24th The people of Ukraine on the third anniversary of the start of the invasion by Russian forces
- 25th Diocesan Secretary (Petko Marinov) and Diocesan Treasurer (Susan Burr)
- 26th Diocesan Auditors (Jacqui McCarrell)
- 27th Hospices and the terminally ill
- 28th Mothers' Union Worldwide Board and staff at Mary Sumner House

MARCH 2026

Sunday 1st March

Second Sunday of Lent

ANGLICAN

The Nippon Sei Ko Kai

DIOCESAN

St James-the-Less, Bishopbriggs (Vacant, Kennedy Fraser)

St Cyprian's, Lenzie (Audrey O'Brien Stewart)

Daily Prayers

- 2nd The spirit of St David and the people of Wales (St David's Day yesterday)
- 3rd For all whose ministry is in the voluntary sector
- 4th The work of Beatson Cancer Charity
- 5th The staff and volunteers of Community Centres
- 6th Porvoo Communion: The Evangelical Lutheran Church of Finland.
- 7th Those addicted to drugs or alcohol

Sunday 8th March

Third Sunday of Lent

ANGLICAN

The Episcopal Church in Jerusalem & The Middle East

DIOCESAN

Holy Name, Cumbernauld (Vacant, Ray Gascoigne)

St Matthew's, Possilpark (David Wostenholm, Stuart Wood)

Daily Prayers

- 9th An end to terrorism
- 10th Scottish Episcopal Church: Brechin (Bishop Andrew Swift)
- 11th Worldwide crop producers and providers of food
- 12th Companions of Our Lady & St Mungo (Ellen Barrett, Alison Joy Whybrow)
- 13th The people of Bangladesh
- 14th Grameen Caledonian College of Nursing

Sunday 15th March

Mothering Sunday (Fourth Sunday of Lent)

ANGLICAN

The Anglican Church of Kenya

DIOCESAN

St Bride's, Glasgow (Peter Bradley)

St Andrew's, Milngavie (Andrea Hagenbuch, Fraser Gold)

Daily Prayers

- 16th Peace in Sudan and South Sudan
- 17th The People of Ireland (St Patrick's Day)
- 18th The whole of the Christian Church
- 19th Porvoo Communion: The Church of Ireland

Anglican & Diocesan Cycle of Prayer & Daily Intentions

continued

20th Happiness on this International Day of Happiness

3rd An end to racism

21st Diocesan Chancellor (Bruce Erroch); Diocesan Registrar (Ronald Inglis).

4th An end to the scourge of landmines

Sunday 22nd March

Fifth Sunday of Lent

ANGLICAN

The Anglican Church of Korea

DIOCESAN

Holy Trinity, Motherwell; St Andrew's, Wishaw (Vacant)

Daily Prayers

23rd Wisdom for world leaders

24th A forgiving spirit

25th Mothers and children

26th Christians throughout the world

27th The Salvation Army

28th The Richmond Fellowship

Sunday 5th April

Easter Day

ANGLICAN

La Iglesia Anglicana de Mexico

DIOCESAN

St Augustine's, Dumbarton (Heller Gonzalez)

Ash Wednesday at St. Cyprian's

- The church will be open for quiet contemplation and “Ashes to Go” from 7-9am on Wednesday, 18th February. This quiet time of peace and reflection is set aside for those whose schedules will prevent them from participating in services later in the day.



- **What is Lent?** Children's Ash Wednesday learning and service opportunity will be held between 11am and 12noon. Families with nursery and school aged children are welcome to drop in and participate in activities that will teach them about the Christian season of Lent. They will also have the option to receive ashes if they desire it.

- **Service of Holy Eucharist** with the Distribution of Ashes will be held at 4pm in the Nave.

APRIL 2026

1st Thanks for the new spring growth

2nd Those living with autism

Sunday Readings

Fourth Sunday after the Epiphany

1st February 2026

Micah 6:1-8
Psalm 15
1 Corinthians 1:18-31
Matthew 5:1-12

Fifth Sunday after the Epiphany

8th February 2026

Isaiah 58:1-9a, [9b-12]
Psalm 112:1-9, (10)
1 Corinthians 2:1-12, [13-16]
Matthew 5:13-20

Transfiguration Sunday

15th February 2026

Exodus 24:12-18
Psalm 2
2 Peter 1:16-21
Matthew 17:1-9

First Sunday of Lent

22nd February 2026

Genesis 2:15-17; 3:1-7
Psalm 32
Romans 5:12-19
Matthew 4:1-11



Second Sunday of Lent

1st March 2026

Genesis 12:1-4a
Psalm 121
Romans 4:1-5, 13-17
John 3:1-17

Third Sunday of Lent

8th March 2026

Exodus 17:1-7
Psalm 95
Romans 5:1-11
John 4:5-42

Fourth Sunday of Lent

15th March 2026

1 Samuel 16:1-13
Psalm 23
Ephesians 5:8-14
John 9:1-41

Fifth Sunday of Lent

22nd March 2026

Ezekiel 37:1-14
Psalm 130
Romans 8:6-11
John 11:1-45

Sixth Sunday of Lent: Palm Sunday

29th March 2026

Isaiah 50:4-9a
Psalm 31:9-16
Philippians 2:5-11
Matthew 26:14- 27:66

Please note that the readings are subject to change as the Spirit moves. Check the Link for the latest information.

Altar Guild

1 st February	Eileen Ferry
8 th & 15 th February	Anne Carswell
22 nd February & 1 st March	Anne Carswell <i>Lent. Brasses Only</i>
8 th & 15 th March	Mary Boyd <i>Lent. Brasses Only</i>
22 nd & 29 th March	Aileen Mundy <i>Lent. Brasses Only</i>
5 th April	Easter Festival Decorating Team

EASTER DECORATING — The church will be decorated on **Saturday 4th April**. AT 9.30am. More details next time.

Kalendar

FEBRUARY 2026

Sun 1st	Fourth Sunday after Epiphany
	10.30am Sung Eucharist (in church and via Zoom)
Mon 2nd	THE PRESENTATION OF THE LORD
Wed 4th	1pm Mothers' Union AGM in the Choir Vestry (See page 7)
Thu 5th	10am Service of the Word in Choir Vestry
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Sun 8th	Fifth Sunday after Epiphany
	10.30am Sung Eucharist (in church and via Zoom)
Thu 12th	10am Said Eucharist in Choir Vestry
	8pm Mothers' Union Prayer Space - on Zoom (See page 7)
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Sun 15th	Transfiguration Sunday
	10.30am Sung Eucharist (in church and via Zoom)
Wed 18th	Ash Wednesday – see page 12 For more information
	7-9am 'Ashes to Go'
	11am-12noon What is Lent? Children's Ash Wednesday learning and service opportunity
	4pm Eucharist with Imposition of Ashes
Thu 19th	10am Service of the Word in Choir Vestry
Sat 21st	<i>Eric Liddell, missionary</i>
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Sun 22nd	First Sunday of Lent
	10.30am Sung Eucharist (in church and via Zoom)
Wed 25th	Ember Day
Thu 26th	10am Said Eucharist in Choir Vestry
Fri 27th	Ember Day
Sat 28th	Ember Day
	7.30pm Music@St Cyprian's Concert (see page 8)

MARCH 2026

Sun 1st	Second Sunday of Lent
	10.30am Sung Eucharist (in church and via Zoom)
Wed 4th	1pm (tbc) Mothers' Union visit to Schoenstatt (See page 6-7)

The Province is still providing online services at 11am on Sundays and at various other times. The details and links are at www.scotland.anglican.org/broadcast-sunday-worship/

If any of this changes, we'll update our website and advise those who receive the Link by email of the changes. The Link can be downloaded from link.stcyprianslenzie.com. Sign up for the email at stcyprianslenzie.com.

Thu 5th 10am Service of the Word in Choir Vestry

Sun 8th **Third Sunday of Lent**

10.30am **Sung Eucharist** (in church and via Zoom)

Thu 12th 10am Said Eucharist in Choir Vestry

8pm Mothers' Union Prayer Space - on Zoom (See page 7)

Sun 15th **Fourth Sunday of Lent (Mothering Sunday)**

10.30am **Sung Eucharist** (in church and via Zoom)

Tue 17th **Patrick, Bishop, Patron of Ireland, c.461**

Thu 19th **Joseph of Nazareth**

10am Said Eucharist in Choir Vestry

Sun 22nd **Fifth Sunday of Lent : The Beginning of Passiontide**

10.30am **Sung Eucharist** (in church and via Zoom)

Wed 25th **THE ANNUNCIATION OF THE LORD**

Thu 26th 10am Said Eucharist in Choir Vestry

Sat 28th **The Saturday before Holy Week: 'Lazarus Saturday'**

7.30pm **Music@St Cyprian's Concert** (see page 9)

Sun 29th **Sixth Sunday of Lent: Palm Sunday — The Beginning of Holy Week**

10.30am **Sung Eucharist** (in church and via Zoom)

(Holy Week Services to be confirmed in the Link nearer the time and in the next magazine)

Mon 30th **Monday in Holy Week**

Tue 31st **Tuesday in Holy Week**

APRIL 2026

Wed 1st **Wednesday in Holy Week**

Thu 2nd **Maundy Thursday**

10am Service of the Word in Choir Vestry

7.30pm **Solemn Eucharist** in Church

Fri 3rd **Good Friday**

10am Walk of Witness from Lenzie to and around Kirkintilloch

Sat 4th **Holy Saturday**

Sun 5th **EASTER DAY**

10.30am **Festival Sung Eucharist** (in church and via Zoom)

Rotas

Date	Server	Reader	Intercessor	Sunday School	Coffee *
1 st February	Mary Haigh	Judith Beastal	Mary Haigh	Glennis & Maxine	Sally Hadden
8 th February	Sally Hadden	Diana Farnall	David Taylor	Maxine & Glennis	Myke & Precious Mba
15 th February	Aileen Mundy	Myke Mba	Maxine Gow	Sally & Judith	Janet Faughey
22 nd February	Mary Haigh	Eileen Ferry	Jacqui Stother	Judith & Sally	Pat & Paul Hindle
1 st March	Paul Hindle	David Taylor	Mary Boyd	Janet & Aileen	Jill Taylor
8 th March	Mary Haigh	Kevin Wilbraham	Sally Hadden	Aileen & Janet	Anne Carswell
15 th March	Aileen Mundy	Jill Taylor	Aileen Mundy	(Mothering Sunday)	Eileen Ferry
22 nd March	Mary Haigh	Mary Haigh	Hazel Cain	Maxine & Judith	Sally Hadden
29 th March	Sally Hadden	Janet Faughey	Glennis Tavener	(Palm Sunday)	Aileen Mundy
5 th April	Mary Haigh	Sally Hadden	Maxine Gow	(Easter)	Judith Beastal

* When you are on coffee, please bring milk, some biscuits and a couple of tea towels (remember to take them home after)