

CYPRIAN *Life*



Wishing you a great summer

The Magazine of St Cyprian's Church, Lenzie July & August 2022

Scottish Episcopal Church Diocese of Glasgow & Galloway

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The News Magazine of
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*The Scottish Episcopal Church is in full
communion with the Church of England and
all other churches of the Anglican
Communion throughout the world*

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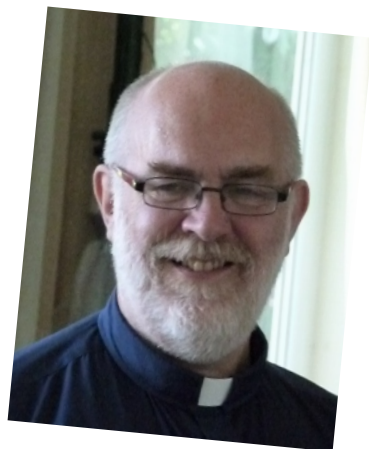
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spaces, e.g., link@stcyprianslenzie.com.

From the Rector



Dear Friends,

A few weeks ago I watched a programme on the television called “Mission: Joy.” It was a programme about Archbishop Desmond Tutu spending time in India with the Dalai Lama – the time spent together was in 2015. I simply put “BBC Mission Joy” into Google and the very first entry takes you to the programme – it was a great programme. However, one clip for me was mind-changing.

In the clip the two men visited the Tibetan School near where the Dalai Lama lives. The children, who had escaped from Tibet, were explaining how much they were struggling, missing their parents, missing home, missing families. The responses of the two men were quite different.

Desmond Tutu was visibly upset, and cried with the children. It felt good, and right. However I was initially less impressed by the Dalai Lama’s response. He spoke about how the children had the opportunity for education, to learn, to be part of the modern world. That they had freedom. It didn’t seem very caring.

After this encounter the programme turned to the Dalai Lama’s personal assistant who was probably the most impressive person in

the whole programme. He explained that Desmond Tutu was giving comfort; the Dalai Lama was giving courage. Thinking about that, it struck me as deeply profound and important. Desmond Tutu was giving comfort, the Dalai Lama was giving courage.

Part of the DNA of the Scottish Episcopal Church is pastoral care. Looking after each other. Giving comfort. Helping people with the depth of feelings they may have. But this was a revolutionary thought. Is it enough to just give people comfort? Do we need to give people courage?

Of course it always takes me back to Christ. Jesus had friends who walked with him, journeyed with him, gave him support, friendship. It was all there through his ministry on earth, but in the last few days the support, friendship, pastoral care, comfort melted away, and Jesus had to go forward alone, and the thing which carried him through the arrest, his torture, facing leaders, to the cross and his death was not care, but courage. The courage he had developed through his journey on earth. For Jesus, it was the experiences that strengthened his courage, and the courage that took him through the things he suffered. Courage.

Maybe this should be reflected in our

Continued overleaf

Magazine & DNS Deadline

The next issue of *Cyprian Life* should be available on Sunday, 28th August 2022. The deadline for material is Sunday, 21st August 2022, though it would be good to get things earlier, if possible. The magazine will be for September and October 2022.

Please email notes, articles, photographs and anything else that may be of interest to other members of the congregation to me by the deadline in order to give time for typesetting and printing. Electronic format is strongly preferred.

Please let me know about what is important to you, especially how world events have affected you.

I sometimes incorporate items from the Glasgow & Galloway Diocesan News that I hope might interest members of the congregation. You can subscribe to receive the monthly news email from the diocese by going to glasgow.anglican.org, the diocesan home page, and entering your email address in the box at the bottom of the page. The email newsletter takes the form of brief paragraphs with links to fuller articles on the diocesan website and, where appropriate, other sites. The diocese is also on Facebook—search ‘Diocese of Glasgow & Galloway’.

We are encouraged to contribute by sending any items for the email newsletter to news@glasgow.anglican.org. There’s no stated deadline, but they need to be in a few days before the email comes out (usually on the second last Friday of the month).

The views expressed in *Cyprian Life* are not necessarily those of the Editor or of the Scottish Episcopal Church.

Paul Hindle
Magazine Editor

From the Rector

Christian ministry. Our preaching. The time we spend with others. We give people comfort, a sense of the care and love that Jesus has for us. But perhaps we need to go a step further, and help people discover courage in Christ.

We all face hard times at different times. It could be in our health, in our relationships, in our work, in our families. It is increasingly

Courage & Comfort

Cover Picture

An image of Jesus?

The photo was taken by the editor during his visit to Oberammergau in Bavaria for the Passion Play.

The man in the picture is one of the two actors who play Jesus during the 2022 Passion Play season. He was giving an introductory talk in English on the morning of the first public performance. A number of members of the congregation have been and will be going to the play this year. We’ll have an appreciation in the autumn.

Have you got a picture for the magazine? Please email it to the editor at: magazine@stcyprianslenzie.com.

difficult being a Christian today, and we are increasingly isolated and alone. At the best, we are ignored. We can also feel our faith is trivialised, mocked, insulted. To get through hard times is hard, and takes that characteristic of courage to maintain our integrity, our faith, our grasp of faith for our lives.

The Dalai Lama was not being weak, or unhelpful. The Dalai Lama saw the truth – it is not enough to have care, we also need courage. And having courage reflects the very nature of Christ.

Courage gives impetus to stepping out. We are constantly faced with challenges. New things. Different things. In our church life, new ways of approaching God, new ways of approaching our faith. The easy path seems to be to step back, to stay where we are. It is not enough – these things are given by God to build our relationship with him. It is courage that will take us forward to new things, which will help us to step out and encounter God in new ways.

It is something that will change the life of our church, our faith, the road we walk. Courage is something we can and should encourage each other in. We are much more courageous together. Courage carries us to new places, new beauty. Courage is perhaps a forgotten characteristic of Christian faith, yet it was in all that Christ did, and should be what we all desire from God to carry us to new life.

1 Corinthians 16:13: Be on your guard; stand firm in the faith; be courageous; be strong.

Best wishes,

Les

The Link

For the latest information about events at St Cyprian's, please check the *Link* each week in Church or on our web site:

www.stcyprianslenzie.com

The Link and the colour version of this magazine can be downloaded in PDF format by clicking on the links on the Publications page (older copies of the Link are in Word format).

If you would like to add an event to the Link and/or the website, please email the details to link@stcyprianslenzie.com or phone the Rector on 0141-776 3866.

Pastoral Care

One of the important purposes of Christ's church is to provide the love and care we all need.

In the current circumstances, we are having to change the way we work. Nonetheless, our Rector, the Revd. Les Ireland, is still available on the phone for a confidential chat and a prayer, please contact him. He will be happy to help in any way he can.

Other members of St. Cyprian's are also available to talk to if you wish. Les can put you in touch with an appropriate person that may be best qualified to help. Please telephone Les on 0141-776 3866.

What's in a name — Vestry?

When I was a priest in the Church of England, the group who ran the church business was called the Parochial Church Council. When I got to Scotland I found the body running church business is called “The Vestry.” As an “outsider,” it seemed an odd name – why call a group of people “the vestry” when the vestry is a room! We have two of them at St. Cyprian’s – the Rector’s vestry and the choir vestry!!!!

The word vestry as a room is to do with the place where vestments are kept, where clergy/readers/choir members “vest” - get robed up! So, how did a group of people become called the same as a dressing room? At last I got around to checking it out!

For centuries Vestries have been the name for local councils throughout the UK. They were simply a group of people who met in a vestry, and most/all churches had vestries.

There was no formal introduction of vestries. In an era when there was little local government beyond the local Lord of the Manor, vestries began to come into being as necessity, to oversee local administration and particularly to provide support to the poor. Generally they were made up of all the local tax payers – and were held in the local church vestry, chaired by the Rector who was likely to be the best educated person resident in the area.

Through history, two things happened. In towns and cities, the vestry wasn't up to the job, and civil councils came into being. However, in the countryside, the vestry gathered more and more control, so by the 1830's when the vestry administered the poor law, they were spending a fifth of all government income. The vestries ruled the countryside!

However, there were, in many areas, two

forms of vestry. Firstly, the open vestry – the meeting of all the people who qualified. Secondly, there was the select or closed vestry, with a limited number of members chosen by existing select vestry members – it became a self-selecting, often corrupt, elite.

Vestries began to lose their powers through the 19th century, and by the end of the century had lost all their secular powers. The vestry remained only as the ruling group of the local church. In England in 1921, the vestry was replaced by the Parochial Church Council. In many parts of the Anglican Communion, the term vestry is still used for the church council.

One interesting fact – The House of Lords was so concerned at the corruption of the vestries that it attempted to introduce a bill every year from 1698 to reduce their powers, and failed. Although 200 years later vestries had their civil powers removed, the House of Lords' still read a bill at the beginning of each session to abolish the vestries, as part of their ritual.

The chances are St. Cyprian's vestry NEVER had any civil power – it was simply the custom, by the time we opened, to call a church council “The Vestry.” And in the early years at St. Cyprian's, it wasn't that important – it only met once a year!

Down through the centuries in times of trouble and trial God has brought courage to the hearts of those who love Him. The Bible is filled with assurances of God's help and comfort in every kind of trouble which might cause fears to arise in the human heart. You can look ahead with promise, hope, and joy. — *Billy Graham*

A recent study has shown that humans eat more bananas than monkeys. I think that's right – I can't remember the last time I ate a monkey!!

Music @ St Cyprian's

The winter season was brought to a close with a wonderful concert by Roo and Neil, accordion and fiddle duo on 14th May.



The pictures above were taken during the afternoon practice session. The regular photographer was on holiday at the time. By all accounts, it was something different for the season and was enjoyed by everyone who came along. Thank you Roo and Neil!!

We now turn to a summer season with Scotland on Tour. The first will take place on Saturday 30th July 2022 at the usual time,

I saw this recently and liked the sentiments:

“When nothing is certain,
we’re better together”

Alone	Together
Anxiety	Hope
Worry	Safety
Stressed	Calm
Risk	Security
Controlled	Freedom
One day	Today
Retired	Inspired.

Where did I see it? A book of inspirational quotes? And inspirational website? No – in an advert on the back of Gardeners World magazine, for “Inspired Villages” retirement communities!!!!

7.30pm. It will feature Savourna Stevenson (clarsach/harp) and Steve Kettley (saxophone). They have performed and recorded together many times in the past and have been enjoying a successful and creative reunion since 2017, performing at festivals and one-off concerts throughout the UK. A dynamic blend of haunting melodies, pulsating rhythms and stirring improvisations – breaking stylistic barriers while maintaining Scottish roots. Daring and accessible, their music will have you on the edge of your seat.



It’s planned that there will be an interval rather than the single session we’ve been doing because of Covid this past winter.

Do come and join us in the beautiful acoustics of our church. Tickets are priced at £12.50 and are available online through the Scotland on Tour box office, or via cash or card on the door. There’s more information on the website:

**SCOTLAND
ON TOUR**
SUPPORTING NEW CONCERTS ACROSS SCOTLAND
scotlandontour.com

musicstcyprians.co.uk has much more information about all past and future concerts, as does the Facebook page:

www.facebook.com/musicstcyprians/

Dr David Wilson Proctor

6th September 1934 - 20th May 2022

Born into a medical family in Chester, David was evacuated to Aberdeen where he commenced his education at Robert Gordon's College.

When his father became Medical Officer of Health in Wiltshire, the family moved to Salisbury. It turned out to be a sad period. His father died there when David was 14.

The family returned to Aberdeen where he renewed his education at Robert Gordon's College and enjoyed academic success as well as excelling in sport, becoming the fastest schoolboy miler in Scotland. His beloved Aunt Gertrude kept house for David and his older brother George while his mother worked to support the family.

On leaving school David chose the Senior Service for his National Service, proudly serving on the destroyer HMS Saintes, which gave him life-long fond memories and furthered his love of the sea.

Afterwards, David elected to study medicine at Aberdeen University, gaining a distinction. His university holidays were spent grouse beating and sailing from Plockton on the West Coast.

He had a variety of house jobs and some time as a GP locum in Orkney before specialising. His long and distinguished career in Anaesthetics began as a consultant on 12th

August and he chose to retire on 5th November so he could say he came in and went out with a bang!

Having organised a conference for junior anaesthetists, he wisely followed his then boss's advice, "Sit down, you're making the place look untidy" while being directed to the empty seat next to Jenny Coulson. Romance followed. They were married on 20th October 1973. A busy family life followed after the birth of Robin, Trina and Calum.

David considered himself extremely fortunate to have lived such a long and fulfilling life. In the scorching summer of 1976, he developed a headache while capturing a swarm of bees. This was no ordinary headache! He was diagnosed as having had a subarachnoid brain haemorrhage, which was usually fatal.

Around work and family commitments, David poured time and energy into the construction of two sailing boats - Jenny describes marriage as "interesting" as she moved into a chandlery with a rudder in the hall and after Robin was born she wasn't sure whether to varnish the baby and change the boat or vice versa!

David enjoyed many adventurous family holidays and other trips around Scotland's west coast with its many islands. One included a snowball fight with the local fishing fleet on a particularly tropical May day! He gained his Yachtmaster qualification demonstrating his expertise as a coastal navigator. He was proud of his membership of the Royal Northern Yacht Club with his blue ensign.

David was also proud of the academic achievements of Calum and Robin and, although devoted to all his family, he had a special connection with Trina and a lifelong concern for her welfare. Helping with Riding for the Disabled, the uphill ski club and sailing on modified boats with the Clyde Cruising Club at Bardowie Loch all came from this. He

My Prayer for Dad

(Written by Trina on a scrap of paper a few days after David's death.)

You will always be there and always be my Dad in my heart.

In everybody's heart we are all sending our love and hugs.

You are always part of our family and of our lives.

provided medical back up for a team of runners from Strathclyde Police as they brought the Olympic Flame from Greece to the European Summer Special Olympic Games hosted in Strathclyde in 1990. He became a skiing instructor through Bearsden Ski Club where Trina learnt to ski and accompanied her skiing in Europe with the Uphill Ski Club.

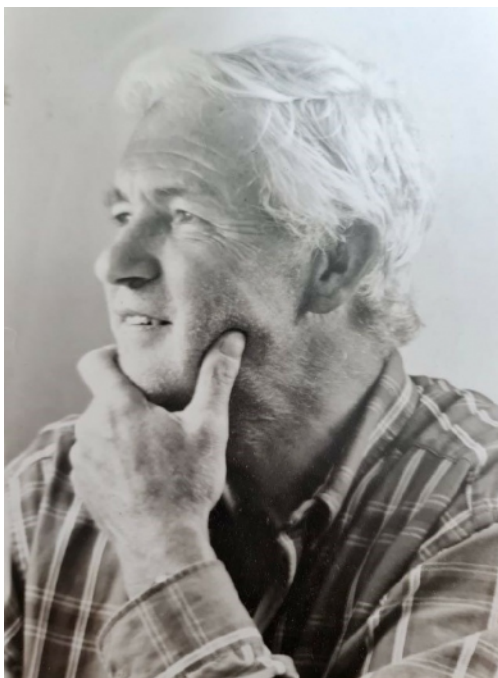
In retirement, David generously gave of his time, energy and seamanship skills to disabled people through the Jubilee Sailing Trust initially on the sailing barque Lord Nelson and later on the barque Tenacious.

At home, he became an expert bee keeper owning a number of hives and it was not unusual to observe pots of home made honey finding their way into various Glasgow hospitals and charity sales, some of which is still available! He also loved to garden.

His Christian faith was quiet, but strong. He could be seen not a few times at a peaceful anchorage and heard to say that he couldn't understand how anyone could think there wasn't a Creator God as he contemplated the fabulous view. David's Christianity was inherently practical. Here at St Cyprian's, he made a substantial contribution as Property Convener alongside Sandy Jamieson. Les remarked that in his time here at St. Cyprian's, David has struggled with health. He visited him in hospital on a number of occasions and he was always eager for prayer! "Prayer was really important – he always wanted me to pray. I like that!"

A devoted husband, father and grandfather, David is survived by his wife Jenny, children Robin, Trina and Calum, daughter-in-law Sally and twin grandchildren James and Elizabeth (Ellie). He was a very kind loyal and generous friend. He made a major contribution to the health, welfare and happiness and broader education of many people.

With thanks to Jenny and the family, Ramsay Vallance and Les for this information



Love Is

Love is friendship that has caught fire.
It is quiet understanding, confidence in each other, sharing and forgiving.
It is trust through good times and bad.
It settles for less than perfection and makes allowances for human weakness.

Love is content with the present, it hopes for the future, and it doesn't brood over the past.
It's the day-in-day-out diary of little things that make you cross, problems, compromises, small disappointments, big victories and common goals.

If you have love in your life, it can make up for a great many things you lack.

If you don't have it, no matter what else there is
it's not enough.

Laura Hendricks

Slightly edited from the original and read by Trina at the funeral

The meeting in May didn't quite go to plan, although we did manage a little gardening. Les has made us a planter, which will be situated to the side of the ramp going into the church.



Work is in progress with this as we want to paint it before filling it with compost and flowering plants. The rest of the meeting was spent as a follow on from the April meeting where we tried to 'think out of the box' as part of the resources in the 'Transformation Now' theme. This theme will run all year and is encouraging us to explore outreach into our local community as well as ways to attract new members. Hopefully our programme for September 2022 to June 2023 will reflect our

thoughts.

June saw us at the Broadcroft Hotel for afternoon tea. The food was delicious with a slightly different menu to a 'normal' afternoon tea and was enjoyed by all who attended. It was good to have such a relaxing time and a

good old chin-wag. This was the last meeting of our current MU year, and we have a short break over July and August.

We were disappointed to learn that Dominic Ind who has been our Diocesan Chaplain over the last three years has decided to step down from the role. We await with interest to see who Bishop Kevin will appoint in his place.

Our next meeting will be on Wednesday 14th September where we traditionally open our new season with a joint Eucharist with our neighbouring Branches in Cumbernauld and Bishopbriggs. More information will follow nearer the time, and we will have copies of our new programme for the 2022- 2023 season.

Have a great summer everyone and fingers crossed the weather stays warm and dry.

Maxine Gow
(Branch Leader)

Jubilee Summer of Hope is Mothers' Union's latest campaign to support families throughout the world.

There are lots of resources on the Mothers' Union website (mothersunion.org/soh2022). One particularly interesting one is the SoH Activities Booklet (click the Resources button). It contains fundraising ideas, including a sponsored tandem sky-dive, and some fun information. One example looks at how much has changed for women over the last 70 years. There are questions to think about and discuss as well as a 10 minute video where 15 year old Amba talks to her great grandmother about working life in the 50's. Well worth a look.



Have you heard of the “Herbert Protocol?” This is from Greater Glasgow Police Division.

The Herbert Protocol is a well-established initiative already used elsewhere in Scotland and the wider UK. It originated in Norfolk and takes its name after Normandy landings veteran George Herbert, who lived with dementia and died in 2011, after he went missing while looking for his childhood home.

It requires a detailed form to be populated with vital information such as a recent photograph, contact details, routines and significant locations, which can then be provided to officers and used to save vital time in a missing person inquiry.

The scheme is available to everyone registered with adult care services including people living with dementia or similar conditions.



Families can also fill out the forms for vulnerable relatives living at home who are at risk of going missing.

For relatives in a care home, staff there should be contacted initially by a family member to discuss filling in the Herbert Protocol form and it can then be included in an individual’s care plan.

For relatives at home, the paperwork can be obtained through any police station or can be downloaded from the Police Scotland website and should be stored within the home.

Further information including a copy of the form can be found here:

<http://ow.ly/Rikf50ir30s>
(or search for Herbert Protocol Scotland)

“Teach your children to pray, so when their young hearts are broken and hurting they can go to God instead of turning to some of the bad things of this world.”

If you are going to be in the London area at the end of August, Mothers’ Union is offering the opportunity to visit Frogmore House & Gardens in the grounds of Windsor Castle.

Tickets cost £10 for the garden visit and all the ticket money goes to support the work of Mothers’ Union. There’s more information on the front page of mothersunion.org.

The Mothers’ Union Annual Gathering is being held in Belfast on Saturday 24th September. Search ‘mothers union annual gathering 2022’ for more details.

My Grandmother always cooked tasty food. But one day, she put a burnt pie in front of my Grandpa.

Not just a little burnt, but black as coal.

I waited to see what my Grandpa would say. But he just ate the pie n asked how my day was. Then I heard my Grandmother apologize to him for his dinner.

I’ll never forget his response.

“Dear, I like ur pie.”

Later, I asked him if he had told the truth.

He put his arm on my shoulder n said, “Ur Grandma had a tough day at work.”

“She was tired.”

“The burnt pie didn’t harm me but, a sharp word could’ve hurt her.”

We all make mistakes.

We shouldn’t focus on mistakes but, support those we love.

~Unknown Author

What's on Your Mind? – The Rector's Thoughts About Covid

Covid has disappeared! It rarely, if ever makes the news. The Covid Pandemic in North Korea got a mention on the BBC news channel. News about Covid has been replaced. First by the Ukraine (although that is disappearing from the news now). Now replaced by the “Cost of Living Crisis,” and the press’s favourite story – Partygate! So Covid has gone.

But it hasn't.

Over the last few weeks at least eight members of our congregation have had it, although none too serious. Nicola Sturgeon has had it, quite badly. And I suspect many others, although we don't know because tests are no longer freely available, and are no longer free.

Also gone has been direct guidelines on what we should do. There is advice around, but the Group in the Scottish Episcopal Church, which gave guidelines has produced nothing for months, and (almost) all legal restrictions have been removed. It is rare to come across the requirement to wear a facemask (except in my local chemist and doctor's surgery). Some people wear face masks on public transport, but not all, and it is now rare to see people wearing them.

So, where are we, in terms of Covid? What are my thoughts, with regard to Covid?

Well, firstly, it hasn't gone away as yet. For some people it is still a significant threat. It is clear people locally are getting it. First thing I want to say is – if you have it, even if you feel well, please don't come to church. We have been very lucky to get a grant to improve our technology, and you can join us for worship online, on Zoom. Zoom is not perfect – but it does a great job.

Secondly, people have different levels of concern about Covid – and that is fine! Some people choose to wear a facemask, and some choose not to – and that's fine. Some people choose to take the wine at communion, some choose not to. That also is fine, and is still 100% communion even if you don't take the wine.

Thirdly, it is still good to gel hands as we enter church, and we will keep the gel station by the door for the foreseeable future.

Fourthly, as the priest (and also for our Eucharistic Assistants) we will continue to be careful. We will gel where appropriate. We will do our best to remember to wear facemasks when we distribute communion (being so close, and face to face, this is probably the greatest moment of risk in our services.)

But finally, I also want to say that I know that the pandemic has retreated, but actually the effects of the pandemic will be strong for a long time yet. The psychological impact is huge, and continues. People have lost family and friends. People feel guilty because they couldn't visit family and friends in hospital. People still feel alone and have lost confidence as they have had to isolate, or have been separated from family. A lot of people have not returned to church. People have lost confidence in doing the things that used to come naturally. Whatever it is, many people still struggle as result of the pandemic, and we will never criticise those who do, nor deny the impact made. As priest I am open to what anyone wants to talk about!!!

So yes – the impact is now a lot less. But we will still use the right amount of caution, and we will, with the help of God, offer help and healing to those who carry scars from the last two years.

St. Cyprian's 150th Anniversary

Preparations are now well underway for our 150th anniversary next year, 2023. The celebrations will begin on Easter Sunday when we welcome Bishop Kevin to take our Easter Sunday worship, and continue through to the first weekend in October, when we will have our Autumn Fair. So what has happened so far?

Well, firstly, as mentioned on Easter Sunday, the Sunday nearest the anniversary of the consecration of the church, we have our Bishop with us to help us celebrate.

Secondly, we have a special concert organised for the Saturday May 6th, featuring Seoniat Aitken and Rose Room (check them out on YouTube!).

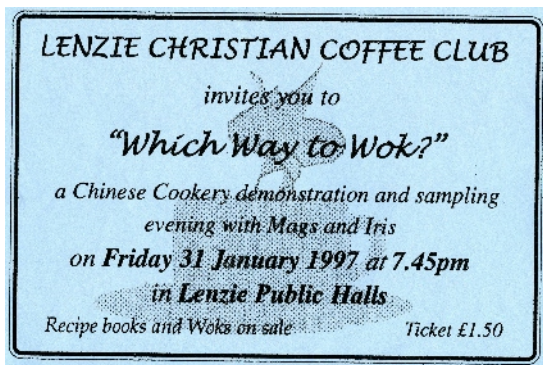
Thirdly, a lot of work has already been done in organising our flower festival for the second weekend in September, with a plan for the displays in place, and many other details sorted.

Fourthly, we are working on both a history of St. Cyprian's and a display of photos and paintings for St. Cyprian's. We have been talking to the council who are very keen to

support the display by loaning us appropriate pictures in the council's collection.

Please make sure these dates are in your diary.

We are not a huge church! For our celebrations to work, we need a lot of support from everyone. Please do not let anyone, family, friends, the queen, or anyone else take you away from these events. Family can be postponed!! Friends can be delayed!! Please make our special events your priority!!!!



As a result of the contact with the council mentioned above, my contact sent me over copies of some "ephemera" they have in their records, which I loved. These are (reduced) copies of the originals. Was anyone at either of these events?

Anglican & Diocesan Cycle of Prayer

We are asked to pray for our Bishop, Kevin, every day.

JULY 2022

Daily Prayers

- 1st The protection of human rights
- 2nd Those struggling with mental illness

Sunday 3rd July Pentecost 4

ANGLICAN

The Anglican Church of Tanzania

DIOCESAN

Holy Trinity, Ayr (Martyn Trembath)
St Oswald's, Maybole (Jim Geen, Liz Crumlish).

Daily Prayers

- 4th Porvoo Link: The Estonian Evangelical Lutheran Church
- 5th Support and understanding for released prisoners
- 6th The Dean (Reuben Preston)
- 7th Chaplaincy teams in the armed forces
- 8th The work of the Glasgow City Mission
- 9th The Mission to Seafarers

Sunday 10th July Pentecost 5 (Sea Sunday)

ANGLICAN

The Church of the Province of Uganda

DIOCESAN

St Columba's, Largs (Mark Goodman)
St Ninian's, Prestwick (Jane Ross)

Daily Prayers

- 11th Porvoo Link: The Evangelical Lutheran Church of Lithuania
- 12th Our stewardship of the creation
- 13th Those in the grip of depression
- 14th Those affected by extreme poverty

15th New Stobhill Hospital

16th The work of Cancer Research UK

Sunday 17th July Pentecost 6

ANGLICAN

The Episcopal Church of the United States

DIOCESAN

Holy Trinity, Kilmarnock (Harriet Johnston)
St Ninian's, Troon (Keith Thomasson)

Daily Prayers

- 18th An end to homelessness in Scotland
- 19th SEC Diocese of Aberdeen & Orkney (Bishop Anne Dyer)
- 20th All who work in Kirkintilloch Health and Care Centre
- 21st Abbeyfield House and Lillyburn and Birdston Care Homes
- 22nd All the GP services in Kirkintilloch and surrounding areas
- 23rd Effective support for victims of alcohol addiction

Sunday 24th July Pentecost 7

ANGLICAN

The Church in Wales

DIOCESAN

St John the Evangelist, Annan; St John the Evangelist, Eastriggs; All Saints, Gretna; (Martin Callaghan, Melvyn Redgers)
All Saints, Lockerbie; St John the Evangelist, Moffat (Paul Singh, John Stevenson)

Daily Prayers

- 25th SEC Youth Groups across Scotland
- 26th Porvoo Link: The Church of Norway
- 27th Women's Aid and those supporting victims of domestic abuse
- 28th All those acting as care attendants to the old and infirm

& Daily Intentions

- 29th The agricultural community
- 30th Those experiencing major changes in their life

Sunday 31st July Pentecost 8

ANGLICAN

The Church of the Province of West Africa

DIOCESAN

All Saints, Challoch, with the Whithorn Fellowship (Vacant)

St Margaret of Scotland, New Galloway (Vacant)

AUGUST 2022

Daily Prayers

- 1st Bishop's Core Group
- 2nd Christian Stewardship
- 3rd Countries riven by war and conflict
- 4th Strength to proclaim our Christian convictions
- 5th Relief from famine and hunger in Africa
- 6th St Cyprian's Vestry meeting tomorrow

Sunday 7th August Pentecost 9

ANGLICAN

The Church in the Province of the West Indies

DIOCESAN

St Mary's, Gatehouse of Fleet; St Francis of Assisi (Greyfriars), Kirkcudbright (Stephen Hazlett, Gill Hart, John Martin, Gordon Mursell)

Daily Prayers

- 8th SEC Provincial Youth Week 2022 that started yesterday
- 9th Diocesan Council
- 10th Working families trying to make ends meet
- 11th The work of the "Mothers' Union"

- 12th Porvoo Link: The Church of Sweden
- 13th SEC Diocese of Argyll and the Isles (Bishop Keith Riglin)

Sunday 14th August Pentecost 10

ANGLICAN

The Extra-Provincial Churches

DIOCESAN

St Ninian's, Castle Douglas (Christopher Ketley, Alan Rumble)

Christ Church, Dalbeattie (Christopher Ketley, John Simmons, Helen Evans)

Daily Prayers

- 15th School teachers returning to work today
- 16th Christian homes and family life
- 17th School children returning to school today after the summer holidays
- 18th The sanctity of marriage
- 19th Protection of children and vulnerable adults
- 20th All those affected by Alzheimer disease and dementia

Sunday 21st August Pentecost 11

ANGLICAN

The Episcopal / Anglican Province of Alexandria

DIOCESAN

St John the Evangelist, Dumfries (Janice Aiton, James Clark-Maxwell, Andrew MacKenzie, Ann Shukman, Steven Ballard, Gordon Warwick, Richard Starkey)
St Ninian's, Portpatrick; St John the Evangelist, Stranraer (Vacant)

Daily Prayers

- 22nd Porvoo Link: The Church of England
- 23rd The Balmore Trust and the venture at Gavin's Mill, Milngavie

Anglican & Diocesan Cycle of Prayer & Daily Intentions (continued)

- 24th The Diocesan Mothers' Union and its leadership team
25th Diocesan Secretary (John Mitchell)
26th The Prince and Princess of Wales Hospice
27th Boldness in speaking of God's love for all people

Sunday 28th August Pentecost 12

ANGLICAN

The Anglican Church in Aotearoa, New Zealand and Polynesia

DIOCESAN

East End Team Ministry: St John the Evangelist, Baillieston; St Kentigern's, Dennistoun; St Serf's, Shettleston (Vacant, Lucy Ireland)

Daily Prayers

- 29th All those who are physically and mentally challenged

- 30th All mothers and primary carers
31st Diocesan Treasurer (Robert Burgon);
Diocesan Auditors (John R. Park,
Jacqui McCarrell, Andrew Littlejohn)

SEPTEMBER 2022

- 1st Strength in faith and commitment to our Lord
2nd All those living with, and in remission from cancer
3rd Porvoo Link: The Evangelical Lutheran Church of Finland

Sunday 4th September Pentecost 13

ANGLICAN

The Anglican Church of Australia

DIOCESAN

St James-the-Less, Bishopbriggs (Paul Watson, Kennedy Fraser)
St Cyprian's, Lenzie (Les Ireland)

Have courage for the great sorrows of life and patience for the small ones. And when you have finished your daily task, go to sleep in peace. God is awake. — *Victor Hugo*

The badge of courage does not require that we walk through something dangerous. It simply requires that we continue to share God's love whenever and wherever we are. — *Tom White*

Hope has two beautiful daughters Their names are anger and courage; anger at the way things are, and courage to see that they do not remain the way they are. — *Augustine*

Travelling through life with curiosity rather than judgement is how one finds magic in each moment. — *Erin Chatters*

The following was told to a reporter by a man who escaped Mariupol in the Ukraine:

“I left the bomb shelter and saw a car with keys in the ignition near the store. I watched it for two hours, waited for the owner – I didn’t wait any longer.

I took my family, got in the car and drove to Vinnitsa to visit relatives. I found a phone number in the glove compartment and called the owner: “Sorry, I stole your car. Saved my family.”

“Thank God, don’t worry, I have four cars. I took my family out in my jeep. The rest of the cars I filled with fuel and left in different places with the keys in the ignition and the number in the glove compartment. I received calls back from all cars. There will be peace – see you. Take care of yourself!”

Sunday Readings

Pentecost 4

3rd July 2022

2 Kings 5:1-14

Psalms 30

Galatians 6:7-16

Luke 10:1-11, 16-20

Pentecost 7

24th July 2022

Hosea 1:2-10

Psalms 85

Colossians 2:6-19

Luke 11:1-13

Pentecost 10

14th August 2022

Isaiah 5:1-7

Psalms 80:1-2, 8-18

Hebrews 11:29-12:2

Luke 12:49-56

Pentecost 5

10th July 2022

Amos 7:7-17

Psalms 82

Colossians 1:1-14

Luke 10:25-37

Pentecost 8

31st July 2022

Hosea 11:1-11

Psalms 107:1-9, 43

Colossians 3:1-11

Luke 12:13-21

Pentecost 11

21st August 2022

Jeremiah 1:4-10

Psalms 71:1-6

Hebrews 12:18-29

Luke 13:10-17

Pentecost 6

17th July 2022

Amos 8:1-12

Psalms 52

Colossians 1:15-28

Luke 10:38-42

Pentecost 9

7th August 2022

Isaiah 1:1, 10-20

Psalms 50:1-8, 22-23

Hebrews 11:1-3, 8-16

Luke 12:32-40

Pentecost 12

28th August 2022

Jeremiah 2:4-13

Psalms 81:1, 10-16

Hebrews 13:1-8, 15-16

Luke 14:1, 7-14

Altar Guild

3 rd & 10 th July	Eileen Ferry & Judith Beasall
17 th & 24 th July	Anne Carswell
31 st July & 7 th August	Di Farnell & Mary Boyd
14 th & 21 st August	Anne Carswell
28 th August & 4 th September	To be arranged

The Bible is the only book where you get to meet the author every time you read it.

I've given God a million reasons not to love me. None of them has changed His mind.

I spend a lot of time worrying if I'm doing it right. At some time I just remind myself that I'm doing my best. That is enough.

Pentecost 13

4th September 2022

Jeremiah 18:1-11

Psalms 139:1-5, 12-17

Philemon 1:1-21

Luke 14:25-33



Kalendar

JULY 2022

Sun 3rd	Pentecost 4	
	10.30am	Eucharist (in church and via Zoom)
Thu 7th	10am	Eucharist in Choir Vestry
Sun 10th	Pentecost 5 (Sea Sunday)	
	10.30am	Eucharist (in church and via Zoom)
Thu 14th	10am	Eucharist in Choir Vestry
Sun 17th	Pentecost 6	
	10.30am	Eucharist (in church and via Zoom)
Thu 21st	10am	Eucharist in Choir Vestry
Fri 22nd	Mary Magdalene	
Sun 24th	Pentecost 7	
	10.30am	Eucharist (in church and via Zoom)
Mon 25th	James, Apostle	
Thu 28th	10am	Eucharist in Choir Vestry
Sat 30th	7.30pm	Scotland on Tour Concert with Savourna Stevenson (clarsach) and Steve Kettley (saxophone) in St Cyprian's see page 7
Sun 31st	Pentecost 8	
	9.15am	Eucharist
	10.30am	Eucharist (in church and via Zoom)
	7pm	Northeast Regional Council Service on Zoom

AUGUST 2022

Thu 4th	10am	Eucharist in Choir Vestry
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Fair Trade

St Cyprian's is a Fair Trade Church and is therefore committed to using Fair Trade products.

We also run a fair trade stall, but because so much Fair Trade produce can be purchased in our local shops and supermarkets, we have now reduced the frequency. The next stall will be held in the Autumn. Please buy Fair Trade at the local shops when you can. Thank you.

If any of this changes, we'll update our website and advise those who receive the Link by email of the changes. The Link can be downloaded from: link.stcyprianslenzie.com

Sat 6th THE TRANSFIGURATION OF THE LORD

Sun 7th Pentecost 9
10.30am **Eucharist** (in church and via Zoom)

Thu 11th 10am Eucharist in Choir Vestry

Sun 14th Pentecost 10
10.30am **Eucharist** (in church and via Zoom)

Mon 15th Mary the Virgin

Thu 18th 10am Eucharist in Choir Vestry

Sun 21st Pentecost 11
10.30am **Eucharist** (in church and via Zoom)

Wed 24th Bartholomew, Apostle

Thu 25th Anniversary of Consecration of the Bishop of Brechin in 2018
10am Eucharist in Choir Vestry

Sun 28th Pentecost 12
9.15am Eucharist
10.30am **Eucharist** (in church and via Zoom)
7pm Northeast Regional Council Service on Zoom

Mon 29th The Beheading of John the Baptist

SEPTEMBER 2022

Thu 1st 10am Eucharist in Choir Vestry

Sun 4th Pentecost 13
9.15am Eucharist
10.30am **Eucharist** (in church and via Zoom)

Thu 8th The Birth of Mary, Mother of the Lord
10am Eucharist in Choir Vestry

The Province is still providing online services at 11am on Sundays and at various other times. The details and links are at www.scotland.anglican.org/broadcast-sunday-worship/

Les is also continuing to produce online worship services for special occasions in the church year on YouTube. Les will let everyone who receives the weekly Link email know when new ones become available and how to get them. Sign up for the email on our website if you haven't already.

Still Waiting for Normality?

As this magazine goes to press, the rate of Covid-19 infections is on the rise yet again. This time it is driven by the BA.4 and BA.5 Omicron variants that seem to be able to evade the immunity given by vaccination and previous infection.

Fortunately, the effect on most people is now no worse than many other diseases we live with all the time. Nonetheless, we continue to exercise some caution in order to make people comfortable with attending church. There is also the option to attend online for those who can't make it to church for whatever reason. The instructions for joining are emailed out with the Link each Friday and are also available on the home page

of our website. You can also sign up there for the email. One of the cameras is movable so it can be used to stream from the Choir Vestry and the Hall when there is a need.

Now that coffee is back, we are still looking for more volunteers for the coffee rota. Please let Pat or Paul Hindle know if you can help.

Home Communions

With the easing of restrictions for Covid, the Rector is now planning to take communion to people at home who are unable to get to church. He has people in mind, but if there is anyone you know of that you think would like communion at home, please let our Rector know.

Rotas

Date	Server	Reader	Intercessor	Coffee	Counting
3 Jul 2022	Jackie Fenton	Janet Faughey	Gavin Boyd	Maxine Gow	Gavin Boyd & Janet Faughey
10 Jul 2022	Mary Haigh	Anne Carswell	Maxine Gow	Judith Beastall	Mark Fenton & Tony Farnell
17 Jul 2022	Sally Hadden	Sally Hadden	Glennis Tavener	Janet Faughey	Paul Hindle & Aileen Mundy
24 Jul 2022	Aileen Mundy	Jill Taylor	Mary Haigh	Pat & Paul Hindle	Maxine Gow & David Taylor
31 Jul 2022	Jackie Fenton	Judith Beastall	Aileen Mundy	Janet Faughey	Judith Beastall & Janet Faughey
7 Aug 2022	Sally Hadden	Eileen Ferry	Gavin Boyd	Eileen Ferry	Aileen Mundy & Diana Farnell
14 Aug 2022	Mary Haigh	Mary Haigh	Maxine Gow	Sally Hadden	Tony Farnell & Gavin Boyd
21 Aug 2022	Aileen Mundy	Diana Farnell	Glennis Tavener	Pat & Paul Hindle	Janet Faughey & Mark Fenton
28 Aug 2022	Sally Hadden	David Taylor	Mary Haigh	Anne Carswell	David Taylor & Sally Hadden
4 Sep 2022	Jackie Fenton	Kevin Wilbraham	Gavin Boyd	Jill Taylor	Diana Farnell & Paul Hindle