

CYPRIAN *Life*



How we welcomed Bishop Kevin



Bishop Kevin

Ash Wednesday – 17th February
World Day of Prayer – 5th March
Mothering Sunday – 14th March
Palm Sunday – 28th March

Scottish Episcopal Church Diocese of Glasgow & Galloway

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The News Magazine of
St. Cyprian's Scottish Episcopal Church,
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*The Scottish Episcopal Church is in full
communion with the Church of England and
all other churches of the Anglican
Communion throughout the world*

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From the Rector



Dear Friends,

**Did Jesus want to come to earth?
That first Christmas? Is that a
strange question? It is undoubtedly
a complicated question.**

It was clear there were times when Jesus clearly did not relish what he had been sent to earth to achieve, and the way he was supposed to achieve it. I just think of the Garden of Gethsemane, where Jesus says to his Father – “please take this cup of suffering from me – yet not my will but yours be done.” I suppose it is also seen at the beginning of his ministry in the temptations when he was in the wilderness – the temptation to take the easy route, when the right thing was to take a harsh road.

Perhaps in answer to our question we would perhaps say – no – he did not want to come and walk the path set before him – BUT – yes he did want to come because he loved us.

So why ask the question? Because it is a question which is reflected in a lot of our own experience over the last year.

With Jesus it wasn't about what he wanted, or would have liked, or he felt was his personal “rights.” For Jesus it was about “the others,”

us, the people he loved, the people who needed to be drawn into his circle of love, who needed to receive the love he wanted to give. It was about Jesus acting in such a way that others knew and experienced his love. Maybe we need to remember this in the context in which we live and have lived over the best part of the last year. Why say this?

I was recently horrified that the leaders of one of the major denominations in Scotland complained bitterly about worship being cancelled because of the Coronavirus pandemic. They complained bitterly that their human rights were being violated. They had a “right” to gather for worship. That it was unfair, and they planned to take legal action against the government because of it. I was horrified for two reasons.

Firstly – is this the most important thing for them – that they should be allowed to do what they wanted to do? Was this the fundamental reason for their church to exist, so that members could do what they wanted?

Secondly, were they not aware of the possible impact of their own behaviour on others? Did that not matter to them? The fact that if they worshipped together, they might be giving to others the virus, increasing the spread of a potentially lethal virus within a

Continued overleaf

Magazine & DNS Deadline

The next issue of *Cyprian Life* should be available on Sunday, 28th March 2021. The deadline for material is Sunday 21st March, though it would be good to get things earlier, if possible. The magazine will be for April 2021 only.

Please email notes, articles, photographs and anything else that may be of interest to other members of the congregation to me by the deadline in order to give time for typesetting and printing. For the time being, electronic format is likely to be the only option.

Please let me know about what is important to you, especially if you have tips for coping with the Covid-19 situation.

I incorporate items into this magazine from the Glasgow & Galloway Diocesan News that I hope might interest members of the congregation. You can subscribe to receive the monthly news email from the diocese by going to glasgow.anglican.org, the diocesan home page, and entering your email address in the box at the bottom of the page. The email newsletter takes the form of brief paragraphs with links to fuller articles on the diocesan website and, where appropriate, other sites. The diocese is also on Facebook—search ‘Diocese of Glasgow & Galloway’.

We are encouraged to contribute by sending any items for the email newsletter to news@glasgow.anglican.org. There’s no stated deadline, but they need to be in a few days before the email comes out (usually on the second last Friday of the month).

The views expressed in *Cyprian Life* are not necessarily those of the Editor or of the Scottish Episcopal Church.

Paul Hindle
Magazine Editor

From the Rector

couple of steps to people who were not part of their circle? It didn’t seem to matter that their behaviour might hurt others – they wanted to “behave” in their own way, do their own thing whatever the consequences.

Both of these things – just doing what they wanted, behaving in a dangerous way with no consideration of the consequences for themselves and others – both of these things are 100% against the way I believe God’s people should live out their faith, and in living out their faith reflect the amazing values that Jesus showed in his life. And I hope opposite



HANDS



FACE



SPACE

**LOVE YOUR NEIGHBOUR
STAY AT HOME**

Cover Picture

We looked forward to meeting our new Bishop in person on 10th January, albeit with strict social distancing measures. However, the rise in the number of Covid-19 cases meant that social distance was extended by several thousand metres as the church building had to close and the service went online.

The picture shows the Bishop giving his address from home. It was lovely to meet him and his wife, Elspeth. Hopefully it will not be too long before we can do so in person and enjoy the usual hospitality together afterwards.

to the values that we as God's people at St. Cyprian's church have tried to live through the pandemic crisis.

The two principles we have tried to follow and will continue to try to follow I hope reflect what I believe our faith is about.

Firstly we have never seen our life at St. Cyprian's as "what we want to do." We believe our faith is for others as well as us. We have always invited others to join us in worship, and have celebrated when others have joined us in any way at worship, and we have done this even more so through the pandemic. I believe our faith is what everyone needs: to strengthen us through the crisis, and we have always tried to show the love of God to people outside of our circle at St. Cyprian's, we have always invited others to join us in our worship and in our family.

Secondly we have always tried to "follow the rules," because decisions have been made (sometimes wrongly) by political leaders to try to control and lessen the impact of the virus,

decisions made on scientific evidence. We are not going to behave in any way which hurts other people. I believe we have a responsibility to behave in such a way that others are protected – that is the loving thing to do.

Christ came, and walked the road he did because he loved us, and wanted the best for us. At St. Cyprian's we try to do the same – we do what we do because of our love for the wider community, for the love of people that we come into contact with. Love isn't about me, love is about doing it God's way, and loving those out there, and sharing God's love with them.

Best wishes,

Les

The Link

For the latest information about events at St Cyprian's, please check the *Link* each week in Church or on our web site:

www.stcyprianslenzie.com

The Link and the colour version of this magazine can be downloaded in PDF format by clicking on the links on the Publications page (older copies of the Link are in Word format).

If you would like to add an event to the Link and/or the website, please email the details to link@stcyprianslenzie.com or phone the Rector on 0141-776 3866.

Pastoral Care

One of the important purposes of Christ's church is to provide the love and care we all need.

In the current circumstances, we are having to change the way we work. Nonetheless, our Rector, the Revd. Les Ireland, is still available on the phone for a confidential chat and a prayer, please contact him. He will be happy to help in any way he can.

Other members of St. Cyprian's are also available to talk to if you wish. Les can put you in touch with an appropriate person that may be best qualified to help. Please telephone Les on 0141-776 3866.

Social Enterprise

As Rector, one of the things I'm pleased about is that our church supports me being part of an organisation called "Unity," a charity and social enterprise based in Glasgow, but working throughout the central belt. In fact I am, at the moment, chair of the board of directors of Unity. Currently we employ about 65 staff, based in a number of projects.

As an organisation, we run two carers' centres in Ayrshire. We run training services for adults with a learning disability, one based in the Athletes Village in Glasgow, one in West Dumbartonshire, the third based in the Park Centre in Kirkintilloch. We run a number of cafes. We are involved in a lot of a work with homeless people. And there's lots of other stuff we do as well! You can find out more about us on our website: www.unity-enterprise.com. I thought it might be interesting to share with you something of our adventure during the Covid-19 pandemic.

Firstly, there have been some tough things we have had to do. We have had to



permanently close our cafe based on Trongate, which a number of people from our church have been to. We have had to make a couple of people redundant, and many staff have been on furlough, although that is now very few indeed.

Secondly, there have been things done differently. Our support services for those with a learning disability have moved online, with some outdoor activities (in the warmer weather) for those we support. Our carer services have also moved online, although we have been able to administer grants for carers who have struggled through lockdown, and have continued to "seek out" carers needing support through work in schools, and through pharmacies.

Thirdly, we have done new things and developed projects. I want to mention two which I think are really exciting.

Firstly, through a couple of our catering projects, we have in the early stages of lockdown provided meals to those who have struggled. In one area, Inverclyde, our project prepared about 25,000 meals for people in need. In another area – Parkhead in Glasgow – we prepared and delivered 12,000 meals, including to asylum seekers struggling through the pandemic.

Secondly, we have developed a completely new service in the East End of Glasgow. I have always had a slight concern about foodbanks, as much as they do amazing work. However, we have helped develop "Panttries." This is ►



Penitential Times . . .



Although at the time of writing this, we don't know what the restrictions will be for Ash Wednesday and Lent, I think it is good to "organise" that time assuming the worst – that we will still be under some sort of lockdown, and even if not, we perhaps need to "move" Ash Wednesday and Lent times online. So this is what I've now organised:

Worship for Ash Wednesday

17th February

Worship on Zoom at 7.30pm

For Lent, and because of the restrictions, I thought it would be good to indulge my interest in art. Again we will use zoom, and using the screenshare element, have a look at the work of a number of artists as they have interpreted the Easter story.

So the idea – we get together on Zoom on Monday afternoons at **1pm**, for about an hour or so, to share thoughts about different artists. It will be informal, asking questions along the lines “What do you think of this picture?” and “What might it say to you?” You need know nothing about art, or even not have any real interest in it to join us! It certainly won’t be times for people who know a lot about art!

Below is a list of the artists we'll have a look at – just giving the name so people can, if they want, check them out on Google images:

22nd February: Graham Sutherland

1st March: Paul Gaugin

8th March: FN Souza

15th March: Francis Bacon

22nd March: Marc Chagall

► about helping people with food poverty, but uses a different – and healthier – model. We receive food from “FareShare,” a charity which gathers food supermarkets no longer want, and have a shop where we sell it. Members pay a weekly subscription and for that get food – about five times the amount the

subscription would buy in a supermarket. The subscriptions are then used to buy further things such as toiletries, which are then available to members to purchase. The project was launched in October in three housing association centres. To date, we have over 1,200 members. It is a good way of doing it –

there is a dignity in people paying for their food which changes the relationship they have with us. We are also, then, able to give advice on food preparation, provide ready prepared meals as well as provide things like cookery classes for members. It has been a fantastic success.

If you want to know more about Unity, please ask the Rector, who is also willing to give talks about the organisation and what it does. If nothing else, please pray for us!



That was Christmas 2020

I'm writing this on the first day of the new year. By the time you read it – maybe some time in February, the things I have written about may simply be a distant memory, or something you have moved on from. However, it might be good to remember. Because I want to write a bit about Christmas in 2020.

Christmas 2020 was very different, particularly in our church life.



There was a background to Christmas, bitter sweet. On the one hand, we were celebrating vaccines, becoming available. At the same time, the Covid-19 rates were getting frighteningly high – the frighteningly part generated as much by the media and social media as by reality.

On the other hand, many of us were looking forward to receiving family and friends for Christmas, or visiting them. That was taken away from us just days before, and we were left to use Zoom and other clever computer apps.

Much was taken away from church life. No Christmas Fair. No singing Carols. No services close together. For us – no joining together for midnight communion, and the moving of the service on the Sunday after Christmas simply online. I guess most of us would say we want Christmas – next year, and hopefully Easter

even sooner to be more like it was in the past. I look forward to these great festivals possibly being celebrated in our buildings, with our voices, with our hearts.

So – why was Christmas so precious this year? For me, two things. What we did was special. The “attitude” we approached Christmas with was equally special.

Who would have thought a “non-singing” carol service could be so special. Instead we had beautiful music, and beautiful singing. And a cello played brilliantly. It ►



► was so moving – being able to sit there and simply hear, and listen, and relax in the presence of Jesus. We are grateful to the National Youth Choir of Scotland for allowing us to use their recordings. Their CEO, Ed Milner, got back to Janet within a couple of hours of being asked, giving permission and sending good wishes for our Carol Service.



When myself, Paul and Mary sat in the dark and cold in church late on Christmas Eve, and people joined us on Zoom – for that half

an hour, we had poetry, music and prayers – we had a service like never before. And God was there. And his Son was remembered. And someone said it reduced them to tears, it was so moving.

When we had the biggest congregation for Christmas Day that we have had since I've been at St. Cyprian's, a service which hopefully reflected the bitter sweet experience of Christmas for most of us this year, Christmas Day worship found a depth we rarely experience.

Putting it all together, there are so many people to thank. But most of all, Christmas this year made me want to thank God for the simplicity of the story. Want to thank God that Jesus experienced so much that we experience. And want to thank God that he was with us in a way I haven't experienced so much before.

It was odd. And good. Christmas was a very special time.



Decorating the church had to become a single household event this year. Thank you to the Faughey family for decorating the tree (including making the 'Hope' star on top) and to Anne Carsewell for the flowers.



Farewell to a “larger than life” character . . .

On 11th January, Pam Bently was found, having died in her sleep through the night. While she had struggled with health for maybe three or four years, it was still a shock. Pam had been with us for worship on the Sunday on Zoom, had been fine, yet the next morning had died. I think it was quite an irony that we had seen more of, far more of, Pam through the pandemic as she joined us on Zoom for worship and social events, than most of us had seen her for several years.



Pam was born and brought up just outside Hexham in Northumberland. It was a difficult childhood. However, she ended up meeting Ben Bently who was already in the army, and for many years she was a “military wife,” living all over the world, particularly following the Gurkhas – Ben was band leader of the Gurkha regiment. Pam could be anxious, and found the role of army wife hard at times, but had a great pride in Ben’s work and his attachment to the Gurkhas.

During her time as an army wife, Pam had



two children – Peter and John – who have visited her and supported her right up to the present time.

Eventually, Pam settled in Lenzie after Ben left the army and he became music teacher at St. Aloysius College in Glasgow.

After moving to Lenzie, Pam threw herself into local life, and the life of the church. She was always at worship, and supported all that the church was about. She also became a great friend to many people in church, and while she could be “direct,” she was also very generous and caring.

Sadly, her beloved Ben died (there is a tree in the church grounds planted in memory of Ben), but Pam continued to be part of local life.

A few years ago, health problems started to affect her, and she has been pretty well housebound ever since, although maintaining her friendships and interest in the life of St. Cyprian’s.

We will miss Pam. She was not someone you would forget! But she was a pillar of St. Cyprian’s, and for her life and all she gave, we say thank you.

Doreen Rendle RIP

In January, we also marked the death of Doreen Rendle, who died with the Corona Virus.

Doreen's roots were on the South Side of Glasgow, where she had been a member of St. Ninian's Church, Pollokshields. When she moved to Kirkintilloch, she was already suffering from poor health, and for all of my time here, I regularly took her home communion, although she had sometimes been able to get to the Thursday morning service, particularly in the years before I arrived. She always maintained a strong interest in St. Cyprian's Church. Certainly, for the last few years, she had been in a wheelchair, and spent as much time in hospital as she did at home.

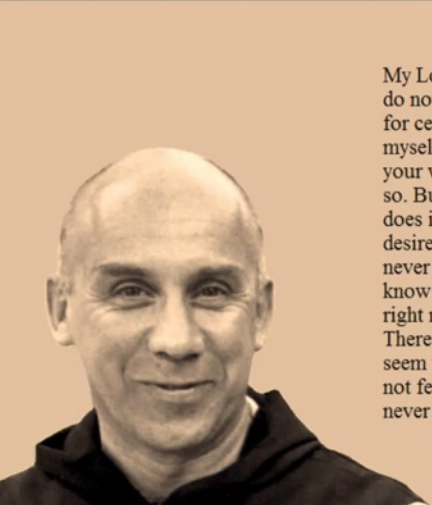
Having said all that, she was only in her early sixties when she died.

Getting beyond her physical problems, Doreen was a very lively, friendly lady. She had a great love for Daniel O'Donnel, and was very jealous when we went to Kincasslegh in Donegal where he lived for a holiday!!! I think it is fair to say that Doreen was a very chatty lady who once told me she "loved a wee blether!" Everyone agreed a blether with Doreen was never "wee!"

I'll really miss Doreen. She was chatty. She did struggle through her life. We chatted every week through the pandemic. We have sadly lost another one of the colourful group of people who make up St. Cyprian's.


St Andrew's Night with the Dean

There was a joint meeting of the North East and North West Regional Councils with the new Dean on St Andrew's night 2020. It was a good evening. It seems appropriate to share a prayer that the Dean shared with us on these pages where we pay tribute to two friends who have moved on to life beyond death.



Prayer of Thomas Merton

My Lord God, I have no idea where I am going. I do not see the road ahead of me. I cannot know for certain where it will end nor do I really know myself, and the fact that I think I am following your will does not mean that I am actually doing so. But I believe that the desire to please you does in fact please you. And I hope I have that desire in all that I am doing. I hope that I will never do anything apart from that desire. And I know that if I do this you will lead me by the right road, though I may know nothing about it. Therefore will I trust you always though I may seem to be lost and in the shadow of death. I will not fear, for you are ever with me, and you will never leave me to face my perils alone. Amen



December saw our Branch members and friends looking in detail at the Charles Dickens novel 'A Christmas Carol'. Di Farnell took us through the book chapter by chapter, emphasising points as we went along.

Although most of us 'know' the story – mainly from TV, video and cartoon versions, the book goes into great detail about the characters and settings, bringing back memories of when we first read the story – probably as children.



Traditionally we have our AGM at our January meeting and this year was no different. We were all saddened to learn that Pam Bentley, a long-time member of our Branch, had passed away in her sleep earlier in the week. She will be much missed and we will keep her, and her boys, in our prayers for some time. The only change to our Branch is that Kath Potts wishes to step back from her role as minute secretary, with Sally Hadden taking over in her place.



We then followed Aileen's instructions and made some paper angels for our Christmas trees – lots of folding involved. A very enjoyable evening all round.

The formal part of the meeting over, we then had a very interesting talk from Janet Faughey, which she had entitled 'From Stage to Screen'. Most of us know what a wonderful voice Janet has when we hear her singing at our Sunday services (that does seem quite a

long time ago now!), But most were surprised at what a distinguished ►



We would like to take this opportunity of thanking St Cyprian's Church for your support of East Dunbartonshire Foodbank throughout the past year.

It is only through the support of the local community and the generosity of the donations that the Foodbank is able to function.

We have had a very busy year especially in the run up to Christmas, with increased clients and making up about 130 Christmas Hampers.

We also find in the winter months we have some clients needing food as any money they



have has to go on heating for their homes.

So once again thank you for your kindness.

Kind Regards

Ann Carson

Foodbank Coordinator

WHEN THIS IS OVER,
MAY WE NEVER AGAIN TAKE FOR GRANTED
A HANDSHAKE WITH A STRANGER
FULL SHELVES AT THE STORE
CONVERSATIONS WITH NEIGHBOURS
A CROWDED THEATRE
FRIDAY NIGHT OUT
THE TASTE OF COMMUNION
A ROUTINE CHECKUP
THE SCHOOL RUSH EACH MORNING
COFFEE WITH A FRIEND
THE STADIUM ROARING
EACH DEEP BREATH
A BORING TUESDAY
LIFE ITSELF.

WHEN THIS ENDS,
MAY WE FIND
THAT WE HAVE BECOME
MORE LIKE THE PEOPLE
WE WANTED TO BE
WE WERE CALLED TO BE
WE HOPED TO BE
AND MAY WE STAY THAT WAY
—BETTER FOR EACH OTHER
BECAUSE OF THE WORST.

LAURA KELLY FANUCCI

► career she has had. Her voice recordings of singing at Glyndebourne, and in many of the country's cathedrals, as well as many other venues were awe inspiring. We finished the evening playing 'left luggage' which teaches rhythm and beat – some were better than others. Thank you, Janet.

Our programme lists our February meeting (on the 10th) as 'Tea Tasting and Tea Bag folding'. Lockdown has made this a little more difficult to organise, but Sally and Aileen will rise to the challenge and if you would like to take part please let me know as soon as

possible as we are posting out the equipment needed for the evening.

Les will lead our March meeting (also on the 10th) talking about his book People, Places and Peace, and this will be part of our Lenten reflections in the lead up to Easter.

As always, the Zoom links and any other information will be sent out before each meeting via the Link. Everyone is welcome – you don't need to be an MU member to join in, we are a very friendly bunch.

Maxine Gow
Branch Leader

Giant Red Phone Box

Did you know that there is a plan to build a giant red phone box in Kirkintilloch? Standing 180ft high? And no, it is not April 1st!

Phone boxes were made for many years at the Lion Foundry which was just off East Side, until the foundry closed down. I suspect many people will remember the foundry, which apparently was huge, smoky, and a major employer in Kirkintilloch.

A couple of years ago a group came together to form the not-for-profit “Giant Red Phone Box Company.” It was formed to commemorate such an important employer in Kirkintilloch, and to create something which would not only remember, but provide an economic boost to the town and help with economic regeneration. Their plan/dream – a giant red phone box 180ft high!

Inside the phone box will be a cafe, meeting space, gallery space. The plans are still being formulated, but the project is now well-established, and has won the Scottish Towns Partnership’s ‘Future Town Centres’



competition, which will provide publicity and some financial boost. The company is working with the council to raise more funds for the project. The dream is that the project will rival the Kelpies in Falkirk.

Where is this phone box going to be? It is going to be in Luggiebank Park, close to the “Tripple bridge”, which carries the canal over the entrance to the park.

There is no sense of when the building work is going to start, but you can find out more on their website:

thegiantredphonebox.co.uk

From the website you can get to their facebook page where there is a lot more information for those interested.



Build on a strong foundation

Written by Christian women of Vanuatu

World Day of Prayer is a prayer movement with an annual service held on or near the first Friday in March (5th March 2021). It is interdenominational and ecumenical and for all ages.

Throughout this service, written this year by women of Vanuatu, we hear stories that reflect their history and situation today and are invited in this year’s theme to ‘Build on a strong foundation.’

Our sisters in Vanuatu have everyday struggles with production of food, care for the environment and the education of children. They see those challenges as reasons to praise God for being the source of their strength while they pursue opportunities in education,



Bishop's Epiphany-tide Pastoral Letter

Our church buildings are to be closed again, out of love for the nation and each other.

Epiphany continues.

Bishop Kevin wrote this letter on the day tighter Coronavirus restrictions were announced. We've edited out the weblinks, but you can find them in the online version of this letter. Go to glasgow.anglican.org and click on the News and Events tab in order to find it.

"As you will have heard this afternoon, the First Minister has announced that all places of worship must be closed.

"This is a painful decision, but a sensible decision. We all have our part to play in ensuring that we mix with each other physically as little as possible.

"May I wish you all the joy of the Magi as they visited the Christ-child before setting off on a different route home. Our route through

Epiphany-tide this year is going to be different, and we pray for each other as we listen for the promptings of the Spirit in leading our people on their journey of faith into Spring 2021."

We do not know how long these restrictions will last, and it is vital that you keep yourselves up to date by following the SEC Provincial Guidance and Government Guidance.

Provincial Worship will continue online. The streamed Sunday Eucharist and Children's Chapel worship are available on the Provincial Facebook Page and YouTube Channel.

The Provincial website also lists communities offering online services.

More guidance from the Provincial Advisory Group will follow. The Diocesan staff continues to work from home, please contact us with your enquiries.

+ Kevin

keep children away from malnutrition and provide alternatives to young people.

In receiving the voice of the women of Vanuatu as a gift of wisdom, we share their hope and creatively engage our communities in "Informed Prayer. Prayerful Action."

There are more information and resources on the website www.wdpScotland.org.uk. It is hoped details of services will also be there shortly.

The image here is "Cyclone Pam II: 13th of March, 2015" was painted by Juliette Pita, currently the most



well-known artist in Vanuatu. It shows a mother bending and praying over her child. The waves crash, but a palm tree bends protectively over them. The woman's skirt is modelled after the traditional clothing on Erromango. On the horizon, small crosses represent the lives taken by cyclone Pam. Juliette survived the storm and believes God heard their prayers and that nature protected them that night.

Something for Lexophiles!

A lexophile is one who has a love for words, and playing with words, such as “You can tune a piano, but you can’t tuna fish”, and “To write with a broken pencil is pointless”. An annual competition is held by the New York Times to see who can create the best. Here are some of this year’s submissions:

I changed my iPod’s name to Titanic. It’s syncing now.

England has no kidney bank, but it does have a Liverpool.

Haunted French pancakes give me the crepes.

This girl today said she recognised me from the Vegetarians Club, but I’d swear I’ve never met herbivore.

I know a guy who’s addicted to drinking brake fluid, but he says he can stop any time.

I got some batteries that were given out free of charge.

A dentist and a manicurist married. They fought tooth and nail.

A will is a dead giveaway.

Police were summoned to a childcare centre where a three-year-old was resisting a rest.

Did you hear about the fellow whose entire left side was cut off? He’s all right now.

A bicycle can’t stand alone; it’s just two tired.

A thief who stole a calendar got twelve months.

The guy who fell onto an upholstery machine last week is now fully recovered.

When she saw her first strands of grey hair, she thought she’d dye.

Acupuncture is a jab well done. That’s the point of it.

I didn’t like my beard at first. Then it grew on me.

I stayed up all night to see where the sun went, and then it dawned on me.

I’m reading a book about anti-gravity. I just can’t put it down.

Serious Lockdown Advice

Everyone PLEASE be careful because people are going crazy from being locked down at home! I was just talking about this with the microwave and the toaster while drinking my tea, and we all agreed that things are getting bad.

I didn’t mention any of this to the washing machine, because she puts a different spin on EVERYTHING!! Certainly couldn’t share with the fridge, cause he’s been acting cold

Accordion to research, 9 out of 10 people can’t tell when you replace words with a musical instrument . . .

and distant! In the end, the iron straightened me out! She said the situation isn’t all that pressing and all the wrinkles will soon get ironed out!

The vacuum, however, was very unsympathetic... told me to just suck it up! But the fan was VERY optimistic and gave me hope that it will all blow over soon!

The toilet looked a bit flushed, but didn’t say anything when I asked its opinion. The front door said I was becoming unhinged and the doorknob told me to get a grip!!

You can just about guess what the curtains told me: they told me to “pull myself together!”

Eating in the Fifties

Here are some reflections on how food has changed since the decade in which the Rector and the Magazine Editor were born.

- Pasta had not been invented. It was macaroni or spaghetti.
- Curry was a surname.
- A take-away was a mathematical problem.
- Pizza? Sounds like a leaning tower somewhere.
- Bananas and oranges only appeared at Christmas time.
- All crisps were plain.
- Oil was for lubricating: fat was for cooking.
- Tea was made in a teapot using tea leaves and was never green.
- Cubed sugar was regarded as posh.
- Chickens didn't have fingers in those days.
- None of us had ever heard of yoghurt.
- Healthy food consisted of anything edible.
- Cooking outside was called camping.
- Seaweed was not a recognized food.
- 'Kebab' was not even a word, never mind a food.
- Sugar enjoyed a good press in those days. and was regarded as being white gold.
- Prunes were medicinal.
- Surprisingly muesli was readily available. It was called cattle feed.
- Pineapples came in chunks in a tin: we had only ever seen a picture of a real one.
- Water came out of the tap. If someone had suggested bottling it and charging more than petrol or milk for it, they would have been a laughing stock.
- The things that we never ever had on or at our table in the fifties were elbows, hats and mobile phones!

I got chatting to this woman at the bus-stop this morning and she told me that people call her Vivaldi. I asked her: "Is that because you're a brilliant violinist?"

She said: "No, it's because my name is Viv and I work at Aldi."

Home schooling at its best:

On returning to school the teacher asked little Johnny if he knows his numbers.

"Yes," he said. "I do. My father taught me."

"Good. What comes after three."

"Four," answers the boy.

"What comes after six?"

"Seven."

"Very good," says the teacher. "Your dad did a good job. What comes after ten?"

"A Jack," says the kid.

An old man told his grandson "My son, there is a battle between two wolves inside us all.

"One is evil. It is anger, jealousy, greed, resentment, inferiority, lies and ego. The other is good. It is joy, peace, love, hope, humility, kindness, empathy and truth."

The boy thought about it, and asked "Grandfather, which wolf wins?"

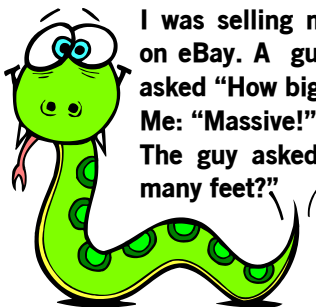
The old man quietly replied, "The one you feed."

I was selling my pet python on eBay. A guy phoned and asked "How big is it?"

Me: "Massive!"

The guy asked again: "How many feet?"

Me: "None – it's a snake . . . !"



Anglican & Diocesan Cycle of Prayer

The Cycle of Prayer now includes congregations and clergy in the Diocese of Argyll & The Isles, the former diocese of our new Bishop, while they have a vacancy. Please pray for him too.

FEBRUARY 2021

Daily Prayers

- 1st For Christian Stewardship
- 2nd Our own St Cyprian's Vestry
- 3rd Porvoo Link: The Church of Ireland
- 4th Bishop Kevin on the ninth anniversary of his consecration
- 5th Thanksgiving for companions on the journey of faith
- 6th Our Christian neighbours

Sunday 7th February **Fifth Sunday after Epiphany**

ANGLICAN

The Anglican Church of Burundi

DIOCESAN

Cathedral Church of St Mary, Glasgow
(Kelvin Holdsworth, Oliver Brewer-Lennon, John Riches, Ellen Barrett)
Cathedral Church of St John the Divine, Oban. (Diocese of Argyll and The Isles)
Cathedral Church and College of the Holy Spirit, Millport, Isle of Cumbrae (Diocese of Argyll and The Isles)

Daily Prayers

- 8th Porvoo Link: The Evangelical Lutheran Church of Iceland
- 9th The Cathedral Chapter
- 10th St Cyprian's Mothers' Union
- 11th Most Revd Mark Strange, Primus, Bishop of Moray, Ross & Caithness

12th The Aberlour Child Care Trust

13th Safety for all young adults, at home and abroad

Sunday 14th February **Sunday before Lent**

ANGLICAN

The Anglican Church of Canada

DIOCESAN

St Mungo's, Alexandria (Vacant)
St Augustine's, Dumbarton (Vacant)
St Finan's, Kinlochmoidart and St Mary's, Strontian (Diocese of Argyll and The Isles)

Daily Prayers

- 15th For all whose ministry is expressed in healing
- 16th All young couples on their journey through life together
- 17th All "Maggie's" Cancer Care centres in Scotland
- 18th Scottish Episcopal Church: Edinburgh (Bishop John Armes).
- 19th Diocesan Architect (Rebecca Cadie)
- 20th Diocesan Surveyor (Elliott Glenesk)

Sunday 21st February **First Sunday of Lent**

ANGLICAN

The Church of the Province of Central Africa

DIOCESAN

All Saints, Bearsden; (Kirstin Freeman)
St Michael & All Angels, Helensburgh
(Dominic Ind, Pat Smith, Kevin Boak)
Christ Church, Lochgilphead (Diocese of Argyll and The Isles)

Daily Prayers

- 22nd For all whose ministry is in the voluntary sector
- 23rd For Health Visitors and District Nurses

& Daily Intentions

- 24th Porvoo Link: The Church in Wales
- 25th Sincerity, truth and love in all our relationships
- 26th Mothers' Union Worldwide Board and staff at Mary Sumner House
- 27th Kirkintilloch and Lenzie Action of Churches Together

Sunday 28th February Second Sunday of Lent

ANGLICAN

Iglesia Anglicana de la Region Central de Americae

DIOCESAN

Drumchapel Ecumenical Partnership
All Saints, Jordanhill (Sydney Maitland)
St Bride's, Onich (Diocese of Argyll and The Isles)

MARCH 2021

Daily Prayers

- 1st The spirit of St David and the people of Wales (St David's Day)
- 2nd Bishop Ann of Aberdeen and Orkney (consecrated 1 March 2018)
- 3rd The work of Quarriers Homes
- 4th The Diocesan Treasurer (Robert Burgon)
- 5th The Diocesan Property Committee (Gordon Fyfe)
- 6th Those addicted to drugs or alcohol

Sunday 7th March Third Sunday of Lent

ANGLICAN

The Province de L'Eglise Anglicane Du Congo

DIOCESAN

St Aidan's, Clarkston (Nicholas Taylor)
St Margaret of Scotland, Newlands (Vacant, Maggie McTernan, Charlotte Methuen)

St Columba's, Poltalloch (Diocese of Argyll and The Isles)

Daily Prayers

- 8th Diocesan Centre Staff (Christine Hughes, Iolanthe Stack, Marion Noble).
- 9th Worldwide crop producers and providers of food
- 10th Diocesan Protection of Vulnerable Groups Co-ordinator (Anne Jones)
- 11th Success in the fight against COVID-19
- 12th Porvoo Link: The Lusitanian Church of Portugal
- 13th The staff and volunteers of Community Centres

Sunday 14th March Fourth Sunday of Lent (Mothering Sunday)

ANGLICAN

Iglesia Anglicana de Chile

DIOCESAN

St Oswald's, King's Park (Vacant)
St Ninian's, Pollokshields (Paul Romano, Eamonn Rodgers, Kenneth Roach)
Holy Cross, Portnacrois (Diocese of Argyll and The Isles)

Daily Prayers

- 15th Scottish Episcopal Church: Moray, Ross and Caithness (Bishop Mark Strange).
- 16th Diocesan Protection of Vulnerable Groups Co-ordinator (Anne Jones)
- 17th The People of Ireland (St Patrick's Day)
- 18th An end to terrorism
- 19th The people of Bangladesh
- 20th Grameen Caledonian College of Nursing

Anglican & Diocesan Cycle of Prayer

Sunday 21st March

**Fifth Sunday of Lent
(Passion Sunday)**

ANGLICAN

The Church of England
and Prayer of Repentance (see below)

DIOCESAN

St John's, Johnstone; St Margaret's, Renfrew
(Reuben Preston).
St Peter's, Stornoway and St Moluag's,

Eoropaidh, Isle of Lewis (Diocese of Argyll
and The Isles).

Daily Prayers

22nd A forgiving spirit

23rd Thanks for the Eucharist

24th Rejoice in the free gift of salvation in
Jesus

25th Wisdom for world leaders

26th The whole of the Christian Church

Prayer for Repentance

The following prayer was written by The Most Revd Ng Moon Hing, Bishop of West Malaysia and Primate of the Church of the Province of South East Asia at the request of the Anglican Communion Primates' Task Group. It is in the spirit that was the hallmark of the Primates' Meeting in 2016, which led to the creation of the Task Group – a spirit of self-sacrifice and the honouring of others.

Almighty God,
Father of our Lord Jesus Christ,
Sovereign Lord of the universe,
Creator of humankind,
we, your unfaithful children,
are truly sorry for our sins
and the lives that we have lived.
We sincerely believe and confess in our hearts
that only through the precious blood
of our Lord Jesus Christ on the cross at
Calvary,
can we obtain your forgiveness.
We repent that:
in thought, word or deed,
we have committed serious offences against
you
and our neighbours.
In laziness, despair and lust for power,
we have provoked hatred, division and hurt

within our communities.

In greed, deceit and indifference,
we have caused serious damage,
unnecessary conflict
and aggravated destruction
to our refugee and migrant brothers and
sisters.

In selfishness, insensitivity and bias,
we have encouraged and emboldened
those who inflict hurt, pain and sorrow
on our loved ones and families.

In the name of religion, doctrine
and even of Christ himself,
we have wounded believers and pursuers of
holiness and faith.

In stubbornness, pride and arrogance,
we have caused division and strife within
your church
and among your children.

Mercifully send Your Holy Spirit,
the Spirit of order and comfort,
and cleanse us from all unrighteousness;
restore in us true faith in Christ
which brings truth, peace and harmony;
and help us to walk together
with our brothers and sisters
in the peace of our Lord Jesus Christ,
to the glory of your name.
Amen.

& Daily Intentions

continued

27th The people of Japan

Sunday 28th March **Palm Sunday**

ANGLICAN

Hong Kong Sheng Kung Hui

DIOCESAN

St Bartholomew's, Gourock (Vacant).

St John the Evangelist, Greenock (Wilhelmina Nesbitt).

The Episcopal Congregation from the Isles of Easdale, Seil and Luing meeting at Kilbrandon, Isle of Seil (Diocese of Argyll and The Isles).

Daily Prayers

29th Porvoo Link: The Evangelical Lutheran Church of Denmark

30th Canon Missioner (Audrey Stewart)

31st Digital Missioner (Petko Marinov)

Sunday Readings

Fifth Sunday after Epiphany

7th February 2021

Isaiah 40:21-31

Psalm 147:1-11, 20c

1 Corinthians 9:16-23

Mark 1:29-39

Second Sunday of Lent

28th February 2021

Genesis 17:1-7, 15-16

Psalm 22:23-31

Romans 4:13-25

Mark 8:31-38

Fifth Sunday of Lent

21st March 2021

Jeremiah 31:31-34

Psalm 51:1-12

Hebrews 5:5-10

John 12:20-33

Sunday before Lent

14th February 2021

2 Kings 2:1-12

Psalm 50:1-6

2 Corinthians 4:3-6

Mark 9:2-9

Third Sunday of Lent

7th March 2021

Exodus 20:1-17

Psalm 19

1 Corinthians 1:18-25

John 2:13-22

Palm Sunday

28th March 2021

Isaiah 50:4-9a

Psalm 118:1-2, 19-29

Philippians 2:5-11

Mark 11:1-11

First Sunday of Lent

21st February 2021

Genesis 9:8-17

Psalm 25:1-10

1 Peter 3:18-22

Mark 1:9-15

Fourth Sunday of Lent (Mothering Sunday)

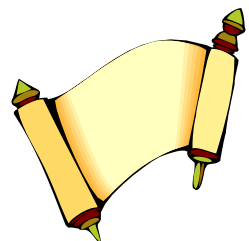
14th March 2021

1 Samuel 1. 20-28

Psalm 34. 11-20

2 Corinthians 1. 3-7

John 19. 25-27



Kalendar

FEBRUARY 2021

Tue 2nd	THE PRESENTATION OF THE LORD (Candlemas)	
Thu 4th	10am	Coffee Time chat and prayer via Zoom (see back page) (Bishop Kevin was consecrated Bishop of Argyll & The Isles this day in 2011)
Fri 5th	World Day of Prayer	
Sun 7th	Fifth Sunday after Epiphany	
	anytime	YouTube worship compiled by Les
	10.30am	Service of the Word via Zoom (see back page)
	from 11am	SEC Provincial Service on Facebook and YouTube
Wed 10th	7.30pm	Mothers' Union meeting on Zoom (see page 13)
Thu 11th	10am	Coffee Time chat and prayer via Zoom (see back page)
Sun 14th	Sunday before Lent	
	anytime	YouTube worship compiled by Les
	10.30am	Service of the Word via Zoom (see back page)
	from 11am	SEC Provincial Service on Facebook and YouTube
Wed 17th	Ash Wednesday	
	7.30pm	Service for Ash Wednesday on Zoom
Thu 18th	10am	Coffee Time chat and prayer via Zoom (see back page)
Sun 21st	First Sunday of Lent	
	anytime	YouTube worship compiled by Les
	10.30am	Service of the Word via Zoom (see back page)
	from 11am	SEC Provincial Service on Facebook and YouTube
Mon 22nd	1pm	Lenten discussion inspired by art – on Zoom (see page 7)
Wed 24th	Ember Day	
	7.30pm	BRF Study Group on Zoom (contact Glennis for link)
Thu 25th	10am	Coffee Time chat and prayer via Zoom (see back page)
Fri 26th, Sat 27th	Ember Days	
Sun 28th	Second Sunday of Lent	
	anytime	YouTube worship compiled by Les
	10.30am	Service of the Word via Zoom (see back page)
	from 11am	SEC Provincial Service on Facebook and YouTube

MARCH 2021

Mon 1st	Third Anniversary of the Consecration of the Bishop of Aberdeen	
	1pm	Lenten discussion around art – on Zoom (see page 7)
Thu 4th	10am	Coffee Time chat and prayer via Zoom (see back page)
Sun 7th	Third Sunday of Lent	
	anytime	YouTube worship compiled by Les
	10.30am	Service of the Word via Zoom (see back page)
	from 11am	SEC Provincial Service on Facebook and YouTube

The Kalendar reflects the current expectations for services and events. If there are any changes during the currency of this magazine, we'll update our website and advise those who receive the Link by email of changes to the Kalendar. The Link can be downloaded from: link.stcyprianslenzie.com.

Mon 8th	1pm	Lenten discussion inspired by art – on Zoom (see page 7)
Wed 10th	7.30pm	Mothers' Union meeting on Zoom (see page 13)
Thu 11th	10am	Coffee Time chat and prayer via Zoom (see back page)

Sun 14th	Fourth Sunday of Lent (Mothering Sunday)	
	anytime	YouTube worship compiled by Les
	10.30am	Service of the Word via Zoom (see back page)
	from 11am	SEC Provincial Service on Facebook and YouTube

Mon 15th	1pm	Lenten discussion inspired by art – on Zoom (see page 7)
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Wed 17th Patrick, Bishop, Patron of Ireland, c 461

Thu 18th	10am	Coffee Time chat and prayer via Zoom (see back page)
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Fri 19th Joseph of Nazareth

Sun 21st	Fifth Sunday of Lent (Passion Sunday)	
	anytime	YouTube worship compiled by Les
	10.30am	Service of the Word via Zoom (see back page)
	from 11am	SEC Provincial Service on Facebook and YouTube

Mon 22nd	1pm	Lenten discussion inspired by art – on Zoom (see page 7)
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Wed 24th	7.30pm	BRF Study Group on Zoom (contact Glennis for link)
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Thu 25th	THE ANNUNCIATION OF THE LORD	
	10am	Coffee Time chat and prayer via Zoom (see back page)

Sun 28th	Palm Sunday	
	2am	Start of BST - clocks go forward one hour
	anytime	YouTube worship compiled by Les
	10.30am	Service of the Word via Zoom (see back page)
	from 11am	SEC Provincial Service on Facebook and YouTube

29th March - 3rd April HOLY WEEK

Wed 31st	7.30pm	Stations of the Cross on Zoom
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APRIL 2021

Thu 1st	Maundy Thursday	
	10am	Coffee Time chat and prayer via Zoom (see back page)
	7.30pm	Worship for Maundy Thursday (details to be confirmed)

Fri 2nd	Good Friday	
	2pm	The Last Hour - meditation via Zoom

Sat 3rd	Easter Eve	
	7.30pm	Service of Light - via Zoom

Sun 4th	EASTER DAY	
	anytime	YouTube worship compiled by Les
	10.30am	Easter Service (details to be confirmed)
	from 11am	SEC Provincial Service on Facebook and YouTube

10.30 am Service

As we go to press, Lenzie is in the most severe level of the Scottish Government Coronavirus restrictions. As a result, the church building is closed for worship and private prayer.

The Rector is, however, allowed to broadcast a service from the building, which he has been doing since 17th January. In line with what was done in the earlier lockdown, it is a Service of the Word with music pre-recorded by Mary played at the appropriate times.

The order of service and the joining instructions for Zoom are available on the website and in the weekly Link email. If you haven't already, you can subscribe for the

email via our website (see Coffee Time below).

There is a Rota below of people who have volunteered to read the scriptures and provide intercessions so that we can have as much congregational involvement as possible in the service.

It seems unlikely that the situation will change during the currency of this magazine, but we can always hope that the vaccine roll-out and reduced infection rates will make it possible to open the church building for worship at Easter. Even if this does happen, we shall keep streaming the service via Zoom for those who can't come to church. If you have any comments or suggestions for improvements, please let us know.

Rotas

Date	Reader	Intercessor
7 Feb 2021	Maxine Gow	Glennis Tavener
14 Feb 2021	Kevin Wilbraham	Aileen Mundy
21 Feb 2021	Janet Faughey	Maxine Gow
28 Feb 2021	Anne Carswell	Mary Haigh
7 Mar 2021	Mary Haigh	Gavin Boyd
14 Mar 2021	Eileen Ferry	Glennis Tavener
21 Mar 2021	Jill Taylor	Aileen Mundy
28 Mar 2021	Judith Beastall	Maxine Gow
4 Apr 2021	Diana Farnell	Mary Haigh

Coffee Time

Now we are back in lockdown, it is even more important to try to maintain as much physically distanced social contact as we can. Coffee Time fills the gap by providing an opportunity to join in a chat and prayer time every Thursday morning from 10 via Zoom.

If you are subscribed to the Link email (sign-up at stcyprianslenzie.com), you will receive invitations to Coffee Time (as well as the Sunday Service now that we are not able to attend in person).

Usually the emails go out one or two days before. All you need to do to take part is to click on the link in the email and follow the prompts on the screen to download the Zoom App (if you haven't already got it) and then join the meeting. If you haven't got a suitable device, you can also join in sound only by phone. If you need any help, please phone the Rector or Paul Hindle.