

CYPRIAN *Life*



We will still
remember
them



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**The News Magazine of
St. Cyprian's Scottish Episcopal Church,
Beech Road, Lenzie, Glasgow. G66 4HN**
Scottish Charity No. SC003826

The Scottish Episcopal Church is in full communion with the Church of England and all other churches of the Anglican Communion throughout the world

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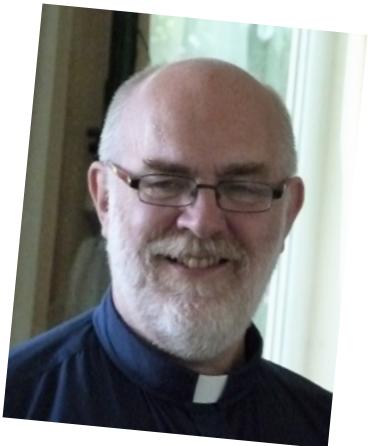
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From the Rector



Dear Friends,

Sometimes you hear or read a phrase which stops you in your tracks. Recently I saw this:

Jesus said to the disciples “Take up your cross and follow me.” Samuel Rutherford, a 17th century leader in the Church of Scotland, said something like – “The Cross of Christ is a burden, in the same way as sails are to a ship, or wings are to a bird . . .”

I was also reminded of years ago when I did a bit of drama, and even ran the odd drama workshop, attempting to get young people (and not so young) to be creative. Generally I would start with a bible story, or parable. And then get people to “dramatise” it. You always got the worst results if you gave people *carte blanche* - when you said “do what you want,” no guidelines in the end meant no creativity! But if you said – right, do this parable, but you aren’t allowed to speak – then suddenly you got something much more creative! Or if you said – you can only use one word at a time – then it would be remarkable. Or just use sounds. Or music. Or course, if you imposed too many restrictions people couldn’t move, and nothing happened! However, as you put restrictions on, so people became more

creative.

So what am I saying? Well there are times we are given burdens, and they are real burdens. Sometimes we feel we are being given burdens, but actually they are liberating, they are strengthening, they are energising. Sometimes we are given restrictions, but those restrictions help us to focus our minds and hearts in what we should do or say.

When we hear Jesus saying something like “Take up your cross and follow me”, it can feel like a burden, a restriction, it is making life more harsh, more demanding. What Samuel Rutherford was saying is – when Jesus gives us a burden, challenges us to do something special, or walk a particular way – it is something that will not drag us down, but actually give us purpose, and strength and hope and direction. As the sails give a boat movement, and wings give a bird flight, so the Cross of Christ gives us life, and life in all its fullness. To walk with the cross is to walk in the life and light of Christ.

The truth is we have all been given a burden at this time, we all have restrictions, we all have things taken away from us. I’ve talked about this in practical terms elsewhere in this magazine. BUT, one of the things I’ve loved is our response to the Corona Virus. We couldn’t

Continued overleaf

Magazine & DNS Deadline

The next issue of *Cyprian Life* should be available on Sunday, 29th November 2020. The deadline for material is Sunday 22nd November, though it would be good to get things earlier, if possible. The magazine will be for December 2020 and January 2021.

Please email notes, articles, photographs and anything else that may be of interest to other members of the congregation to me by the deadline in order to give time for typesetting and printing. For the time being, electronic format is likely to be the only option.

Please let me know about what is important to you, especially if you have tips for coping with the Covid-19 situation.

I incorporate items into this magazine from the Glasgow & Galloway Diocesan News that I hope might interest members of the congregation. You can subscribe to receive the monthly news email from the diocese by going to glasgow.anglican.org, the diocesan home page, and entering your email address in the box at the bottom of the page. The email newsletter takes the form of brief paragraphs with links to fuller articles on the diocesan website and, where appropriate, other sites. The diocese is also on Facebook—search ‘Diocese of Glasgow & Galloway’.

We are encouraged to contribute by sending any items for the email newsletter to news@glasgow.anglican.org. There’s no stated deadline, but they need to be in a few days before the email comes out (usually on the second last Friday of the month).

The views expressed in *Cyprian Life* are not necessarily those of the Editor or of the Scottish Episcopal Church.

Paul Hindle
Magazine Editor

From the Rector

worship in church, so we worshipped on Zoom. We could worship together, but not with singing. So we have music played beautifully in our services through the wonderful skills of Mary, Jill and Janet, and we sing in our hearts!

The truth is we have had struggles because of the virus. But people have come to church life creatively, but even more importantly with a joy and commitment beyond what some would call “normal.” It has been remarkable - there is no doubt there have been restrictions on what we can do, extra burdens we have to carry. But remarkably – I have found God much closer in the worship, and the joy people bring to worship has been wonderful. Zoom isn’t as good as the real thing. And music isn’t as good as singing. But our worship at the moment is joyful and moving, and I believe the Spirit is working.

We are now looking to Christmas. We haven’t sorted it out yet – we will by December. There will be restrictions. A lot of

Cover Picture

The picture was taken at the act of remembrance at the war memorial in Woodilee last year. Things are likely to be rather different for Remembrance Sunday this year compared with usual.

One thing that will certainly be different is that we shall not be able to run the Scottish Poppy Appeal as usual. Because of this poppyScotland is hoping to encourage donations via a number of local Just Giving sites. The one for Lenzie is now set up. You can find more details on page 12 and on the St Cyprian’s Facebook page. Please support the cause at this difficult time.

continued from page 3

them. There will be events we can't hold. So be it. We need your ideas – let me know of anything you can think of. BUT – I know this – Those burdens will be like sails attached to the Christmas boat, like wings to our Christmas celebrations. Christmas is NOT cancelled. Christmas is not the same this year. But I dare to believe that with Christ, with the burdens he gives us, I dare to believe that Christmas will be better

Best wishes,

Les

"I can't for the life of me imagine that God would say, 'I will punish you because you are black; you should have been white. I will punish you because you are a woman; you should have been a man. I punish you because you are homosexual; you ought to have been heterosexual. I can't, I can't for the life of me believe that that is how God sees things."

-- Desmond Tutu

The Link

For the latest information about events at St Cyprian's, please check the *Link* each week in Church or on our web site:

www.stcyprianslenzie.com

The Link and the colour version of this magazine can be downloaded in PDF format by clicking on the links on the Publications page (older copies of the Link are in Word format).

If you would like to add an event to the Link and/or the website, please email the details to link@stcyprianslenzie.com or phone the Rector on 0141-776 3866.

Pastoral Care

One of the important purposes of Christ's church is to provide the love and care we all need.

In the current circumstances, we are having to change the way we work. Nonetheless, our Rector, the Revd. Les Ireland, is still available on the phone for a confidential chat and a prayer, please contact him. He will be happy to help in any way he can.

Other members of St. Cyprian's are also available to talk to if you wish. Les can put you in touch with an appropriate person that may be best qualified to help. Please telephone Les on 0141-776 3866.

The Porvoo Agreement

The What? Regularly in our prayers for each day on our link sheet we have prayers for different national churches with the phrase “Porvoo Link” after. What on earth is the Porvoo Link? There are also other associated phrases such as “The Porvoo Community” or “The Porvoo Agreement” or “The Porvoo Communion.” What is it all about???

Well, firstly Porvoo is a medieval city on the South Coast of Finland, about 30 miles East of the capital Helsinki, considered one of the most beautiful cities in Europe. The Porvoo Communion was launched at the cathedral in the city in 1992, although the Porvoo Agreement was negotiated at the nearby town of Jarvenpaa.

The process started in 1922, when the church of England and the Church of Sweden agreed to enter full communion. The process was continued in 1938 when the Archbishop of Canterbury invited representatives of the Lutheran churches of Estonia and Latvia to meet with him in London, to discuss whether they should enter full communion.

There was no conclusion to the second round of discussions. It is clear that the Second World War and the development of the Iron Curtain after were barriers to progress. There were conferences in the post-war period particularly between Lutheran Churches of Northern Europe and Anglican churches in the UK, particularly discussing the nature of the church and the nature of salvation – the two great issues around which unity revolved. However, it was the conference at Jarvenpaa which brought agreement on Communion. It was primarily between the Lutheran Churches of Northern Europe and the Anglican Churches of the UK, plus a few other “odd” churches. It was agreed at the conference that

all member churches recognised each other’s ministers and practices. That was in 1992. It meant that clergy were interchangeable. It meant that all Bishops were recognised by all the churches. It meant that members could share in communion in any of the churches.

In 1996, services were held in three Cathedrals to sign the agreement. The first was in Trondheim Cathedral on the first of September, where the Rt Rev Richard Holloway, the then Primus of the Scottish Episcopal Church, was the preacher. The second, in the Cathedral of Tallinn in Estonia on September 8th. The third service was in Westminster Abbey on 28th November, including as guests the Queen and Duke of Edinburgh, the Secretary of State for Northern Ireland, plus many other dignitaries.

The initial signatories of the agreement and initial members of the Communion were: The Estonian Evangelical Lutheran Church; The Evangelical Lutheran Church in Lithuania; The Church of Norway; The Scottish Episcopal Church; The Church of Sweden; The Church of England; The Evangelical Lutheran Church of Finland; The Church of Ireland; The Church of Iceland; The Church in Wales.

In 2001, it was joined by The Lusitanian Catholic Apostolic Evangelical Church (Portugal) and The Spanish Reformed Episcopal Church.

In 2010, The Church of Denmark joined. In 2014, the The Latvian Evangelical Lutheran Church abroad and The Lutheran Church of Great Britain joined. The Evangelical Lutheran Church of Latvia has been an “observer” from the beginning.

The Porvoo Communion doesn’t have any paid staff, but is run by two members from each of the member churches. As a group, they run various conferences as well as language and orientation courses for people who want to move between the different church groups ►



What are we losing – Corona Virus and loss . . .

This year we feel like we have lost a lot, and will continue to do so for some months to come. As a church, for 4 months we lost “real” worship – being there in the building with God’s people. Even when we have been together we have lost things like singing hymns, or receiving the wine. We have lost our cups of tea together after the services. In the wider world, we have lost the opportunity to travel as we want, or shop as we want, or spend time with friends and family as we would normally. It has been hard, and we have lost.

Any loss can lead to mourning. Of course we tend to see mourning in terms of death and loss of someone special, but loss of anything we value can and does give that sense of mourning, a hint – or more – of loss.

One of the problems of course, is that it can

► for work. You can find out more from their website: <https://porvoocommunion.org>

Does it make any difference? Well, it is always good, and a mark of the church, that Christians are united and we pray for each other. In Scotland, it has made little difference to me, but in Manchester one of my most memorable times was a Conference I was invited to attend in Finland between ministers from Manchester Diocese, the Church of Finland and the Church of Sweden. And, occasionally, we had folk attending our church from one of the members of the Porvoo Communion, often when studying in Manchester. If nothing else – when you see the words “Porvoo Link” behind a prayer item, you will have an inkling of what it’s about!

be hard to express mourning when it is seen as for something lesser than the ultimate draw to mourning. It can be hard to have our sense of mourning recognised, because it is not associated with what we have seen mourning relate to traditionally. It is sort of summed up in the phrase “. . . there is always someone worse off than me!”

For some, the sense that there is someone worse off than us can help, but it often doesn’t. And it can be the worse thing ever to say to someone else, because not only are they struggling, they are made to feel guilty for it!

We do acknowledge that there has been a tremendous amount of loss for all of us through this period. I hope at St. Cyprian’s we have given people the opportunity to reflect on that loss, and to express that loss in our worship. Because in the end the only place of healing and strength is in the hands of God. We speak of loss to him, and we place ourselves in his hands

Someone crossed a homing pigeon with a parrot – so it can ask for directions if it gets lost on its way home!



Someone crossed a homing pigeon with a woodpecker – so it can knock on the door when it gets back!

Someone crossed a homing pigeon with Robert Maxwell – not only does it come back, it brings the newspaper with it!

Someone crossed a homing pigeon with John Sainsbury – not only does it come back, it does the shopping on the way!

Africa Free!

This came out just as the last magazine was going to press, so didn't make it into that magazine. I thought it would still be of interest two months later . . .

A number of our church members, both past and present, have been involved in local Rotary clubs, part of Rotary International.

In 1988, Rotary International, along with the World Health Organisation, UNICEF and the Centers for Disease Control and Prevention (an organisation in the US) launched the Global Polio Eradication Initiative. Later the Bill & Melinda Gates Foundation (backed by the founder of Microsoft) also joined the initiative. Since then Rotary and the Gates Foundation have contributed over a Billion Pounds to the programme, including providing vaccines to over 2.5 Billion Children.

Poliomyelitis is a highly infectious disease that most commonly affects children under the age of five.

Most know it as polio. The virus is spread person to person, typically through contaminated water. It can attack the nervous system, and in some instances, lead to



paralysis. Although there is no cure, there is a safe and effective vaccine promoted by the Global Polio Eradication Initiative.

The last case of Polio being caught in the UK was in 1982, and by 1988 it had all but disappeared in Europe and the US.

It was announced at the end of August that Polio has been eradicated in Africa. The last new case was in Nigeria four years ago. This is fantastic news. Polio was an illness worldwide that many in the UK remember, along with the consequences it had on people's lives. I can just about remember children having to wear callipers because they had had the disease. It was announced that only two countries in the world – Pakistan and Afghanistan – now have community spread Polio.

This is a fantastic achievement, and I know the Rotary members in our church are thrilled to have been part of this initiative.

Do not be afraid

Do not be afraid
It was said so often
First by your messengers
and then by yourself:

Do not be afraid
You said it so often
because they, as we,
needed to hear it often:

Do not be afraid
There is much to fear
be anxious and worried about
but you said not to do that too:

A prayer by Wendy Lloyd

Do not be afraid
Consider the lilies
the birds of the air
who do not worry:

Do not be afraid
So come what may,
we choose to look to you,
Author and Perfector:

Do not be afraid.
Calm our fears
Still our minds
Heal our ills:

Do not be afraid.

Canticle of the Turning

Myself and Paul Hindle were at a meeting recently (on Zoom), and for the closing worship we had a canticle read, and then sung by the Iona Music Group. It was fantastically moving. This is it:

My soul cries out with a joyful shout
that the God of my heart is great,
And my spirit sings
of the wondrous things
that you bring to the ones who wait.
You fixed your sight on your servant's plight,
and my weakness you did not spurn,
So from east to west shall my Name be blest.
Could the world be about to turn?

My heart shall sing of the day you bring.
Let the fires of your justice burn.
Wipe away all tears, for the dawn draws near,
and the world is about to turn!

Though I am small, my God, my all,
you work great things in me,
And your mercy will last from the depths of
the past
to the end of the age to be.
Your very name puts the proud to shame,
and to those who would for you yearn,
You will show your might, put the strong to
flight,
for the world is about to turn.

My heart shall sing of the day you bring.
Let the fires of your justice burn.
Wipe away all tears, for the dawn draws near,
and the world is about to turn!
From the halls of power to the fortress tower,
not a stone will be left on stone.
Let the king beware for your justice tears
ev'ry tyrant from his throne.
The hungry poor shall weep no more,
for the food they can never earn;
There are tables spread, ev'ry mouth be fed,



for the world is about to turn.

My heart shall sing of the day you bring.
Let the fires of your justice burn.
Wipe away all tears, for the dawn draws near,
and the world is about to turn!

Though the nations rage from age to age,
we remember who holds us fast:
God's mercy must deliver us from the
conqueror's crushing grasp.
This Saving word that our forebears heard
is the Promise which holds us bound,
'Til the spear and rod can be crushed by God,
who is turning the world around.

My heart shall sing of the day you bring.
Let the fires of your justice burn.
Wipe away all tears, for the Dawn draws near,
and the world is about to turn!

My heart shall sing of the day you bring.
Let the fires of your justice burn.
Wipe away all tears, for the dawn draws near,
and the world is about to turn!

Author: Rory Cooney
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Zoom meetings seem to be becoming the new ‘norm’ during the pandemic and that is the same for our Branch as well. We have now planned a programme for the coming year and have the option for actual ‘real life’ meetings if restrictions do lift, but are assuming that most will be on Zoom for the foreseeable future.

Our meeting on the 14th October was a trip around Durham Cathedral, where David and I stopped on our way home from a short break in August. It is a truly beautiful building, which I know many of you will have visited over the years. I particularly liked the modern stained glass windows! David likes to take video everywhere we go and his video was shared during our virtual meeting. Having the cathedral book to refer to certainly helped with what I could say during the meeting.

Our Branch is part of our Diocese of course, and the next Diocesan MU meeting will be ‘Zoomed’ on Saturday 7th November. This is our Autumn Council meeting and will include activities, a short worship time and a little business. If you would like to attend please let me know and I can send you the link.



The next Branch meeting will take place on Wednesday 11th November at 7.30pm. We have a lady called Linda McKay coming to talk about Ceatas Advocacy Centre, which can be found at McGregor House. Again this will be via Zoom and a link will be sent nearer the time with the weekly Link.

As always can I remind you that everyone is welcome to any, or all, of our meetings - you don't need to be an MU member to join with us, so look forward to see you in November.

Maxine Gow
Branch Leader



Glasgow City Mission

As many of you will know, I have been a volunteer at Glasgow City Mission for many years, usually helping with food preparation or baking. It has been very strange to miss those weekly sessions since March because of the pandemic and I miss the staff and clients and all that they do and tell you as you are working about the kitchen area. When the Mission asked for volunteers to take part in one of their annual fundraisers, I decided to take part this year.

The Heart for Glasgow Walk/Run went around the big parks of Glasgow during the morning and early afternoon of that day. Up to two people were allowed to take part in each section, and my 'bit' was from Hogganfield Loch to Robroyston Park – which is no great distance. We all had a 'JustGiving' page created for us and any sponsor money raised went straight to the City Mission. The forecast on the day was mixed, but was dry while I was walking. Going up the hill to Robroyston was very interesting with a view over south



Heart for Glasgow 4 OCTOBER 2020



Glasgow and a walk across the M8 at one point!

In all, I raised just over £500, some of which will have gift aid added so a great result. My thanks to everyone who donated – many of the donations were 'anonymous', so I don't know exactly who everyone was, but thank you all. I believe about 30 of us took part on the day and over £11,000 was raised.

The Mission is a wonderful organisation to be involved in – do have a look at their website if you want to know more.

Maxine Gow

From the Vestry

The Vestry is very grateful to those members of the congregation who normally donate using the envelope scheme, but have set up standing orders, or sent cheques to cover their contributions.

Thanks again.
Jacqui Stother (Treasurer)



Lockdown Bard . . . HY-JEAN

**Our Lockdown Bard continues to write.
Here is one of his more recent works:**

Wi' Lockdoon it's been quite a long while
SInce Maggie's dentist checked oot her smile
Weel she managed tae get an appointment
arranged

But michty things have become awfy strange
She got a note on her laptop
Which made her eyes drop
Askin' for her medical history
Inputtin' it wis a bit o'a mystery
When it came tae the appointment date
She stood ootside a wee while tae wait
Eventually she wis asked tae pit on her mask
And went intae the surgery somewhat' aghast
The receptionist aimed a 'ray gun' at her heid
Sayin' "This'll record the temperature we
need"

Then announced "Fine, it looks great,

In ye go an' jist hae a sate"
Next thing a wee buddie appeared
A' covered up in protective gear
Wi' a visor and mask like somewan' fae space
Which seemed somehow a bit oot o' place
Weel this gie'd Maggie a really big shock
As if a' her senses wir bein' rocked
Beginin' tae feel dizzy
And in a bit o' a tizzy
She managed tae get intae the chair
Otherwise she'd a' fell flat oan the flair
"Jist relax noo Maggie ma frien'
It's only me in here -ye remember wee Jean?
While ma claithes ur' a wee bit alarmin'
Underneath ahm' still perfectly charmin'"
"That's OK" said Maggie wi' her voice in a
quaver
"Ah jist wisnae expectin' tae meet up wi
Darth Vader!"



poppy
scotland

SUPPORTING OUR HEROES

Poppy Appeal

<https://www.justgiving.com/fundraising/ao-lenzie>

Because of the current pandemic Poppy Scotland have set up a just giving page for Lenzie for anyone who wishes to donate online this year. All the details can be found by using the link above.

Thank you for your support.

The Scottish Poppy Appeal raises over £2 million each year. This, combined with other year-round fundraising, enables us to provide tailored support and funding to thousands of ex-Servicemen and women as well as other vital services in advice, employment, mobility, respite, housing and mental health support.



What are we losing – Corona Virus and loss . . .

I have heard people say that Christmas is cancelled this year. That it won't happen. Hold strong to the fact – politicians may be able to cancel celebrations, but NO-ONE can cancel Christmas. No-one at all!

We are all going to lose a lot on the personal level, as much as we don't know how or if the Corona Virus guidelines are going to change. Currently, it doesn't seem like they are going to change very much before Christmas. On a personal level, for example, our children have come to us every Christmas, and would be coming this year. However, that seems much less likely at the moment. I just hope that they find a good place to spend Christmas, and I know we will probably chat to them on Zoom. Many people in our church and in our community are facing the same thing.

Many families have great family traditions – who cooks the dinner, what time do we open presents, how do we decorate the house . . . ? I suspect many of these will be disrupted, and that loss of traditions can hurt and mar how we feel about Christmas, and our enjoyment of it.

I suppose I want to say three (quick) things

about it.

Firstly, if there are things you cannot do, or anything you need help with, anything you can't sort out, then our church will help. Not going to get your Christmas dinner? We will make sure you get one! Can't put up the decorations? We will find someone to help. Need some shopping doing? We will do what we can. Just get in touch with the Rector, and he will organise for someone to help. We guarantee! I know it will be different, but it will be good.

Second? Yes, traditions may go, but . . . It is a chance to start a new tradition! Do not let your family traditions become your Christmas prison! Often new traditions are a lot better than the old ones we cherished.

Thirdly, never ever, ever, ever forget – Christmas is not family. Christmas is not food and drink and decorations. Christmas is not lovely music. All those things and more are part of it. But truly – Christmas is Jesus, born in a stable 2000 years ago, and born in our hearts anew every year and every day. Corona virus could never even make a dent in the centre of Christmas

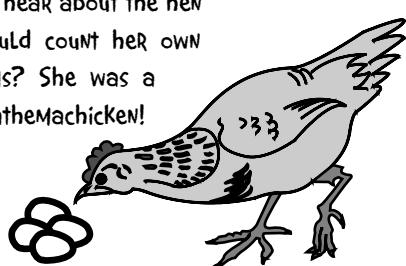


Went to the zoo yesterday and saw a baguette in a cage. The keeper said it was bread in captivity.

What goes a hundred miles an hour under water?
At motor pike!



Did you hear about the hen that could count her own eggs? She was a MatheMachicken!



Feel Good Story

2020 has been a difficult year for the world, and feel good stories have been short on the ground. Sometimes the feel good stories have gone under the horizon of the mainstream media through which we see much of what is happening in our world. Sometimes the internet is the place to look! The “Jerusalema Dance Challenge” is one of these – bypassed by the mainstream media, visible on the internet, and totally uplifting!

In December 2019, a South African singer called Master KG reached the top of the South African Charts with the song Jerusalema, a song of prayer asking God to allow the person praying to go to heaven, the new Jerusalem. And then along came the Corona virus. Then a video appeared....

In February a video appeared on YouTube of a group of young guys in Angola eating lunch and then starting to dance to the track, with their girlfriends joining in. It was a fun video

But then another video appeared with a



different group of people in Portugal doing a very similar dance to the same track – inspired by the first video. And then others. It is just an incredibly fun and uplifting video and song.

It has become a craze! On YouTube, there are hundreds of videos of all sorts of people now doing the Jerusalema Dance Challenge. I've seen soldiers, police, hospital workers, digger drivers, monks and nuns, and loads more! My favourite one, I think, is the Catholic Priest and the servers from Montreal Cathedral!

I love these sorts of things. If you want to check it out just go to YouTube and put “Jerusalema Dance” into the search bar. Add “Catholic priest” to get that one!

It's just good to have something “feel good” in a rather gloomy time! And I'd love to have a go at it!!!!

**If GH can stand for P as in Hiccough,
If OUGH stands for O as in Dough,
If PHTH stands for T as in Phthisis,
If EIGH stands for A as in Neighbour,
If TTE stands for T as in Gazette,
If EAU stands for O as in Plateau,**

**The right way to spell POTATO should be
GHOUGHPTHHEIGHTTEAU**

It has been discovered that William Tell and his son went bowling, but Swiss authorities have not been able to find out who sponsored the bowling league. So we will never know for whom the Tells bowled.



What are we losing – Corona Virus and loss . . .

One of the questions we are facing in our church is “What are we losing, to the end of the year?” This is a practical question. What events are we having? What events are we not having? What about Christmas?

Well, some of these things are quite simple. Sadly, we will not be holding our annual pet-blessing service. There is no way we could hold this within current guidelines.

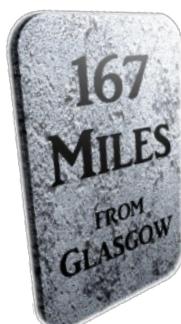
Our Remembrance Sunday service at St. Cyprian’s will go ahead. Of course, it will have to be within the framework of Corona Virus restrictions, but it will be held. At the moment it is, however, questionable whether we can hold the Remembrance Sunday Service we organise with our friends from Lenzie Old and Lenzie Union churches at the Woodilee War Memorial.

Perhaps, in terms of size, the greatest loss will be our Christmas Fair. We have not been in a position to organise this, and it is clear that as an event, it could not be held under the Corona Virus Restrictions.

This takes us to Christmas. What can we do

at Christmas? It is clear there will be disruption to our Christmas Celebrations. At the moment, it is difficult to know how we should manage Christmas. In practical terms, as much as we would like to know what is happening, we do not HAVE to know. There is sufficient time to make the final decisions around the beginning of December. Please be patient, and as soon as concrete decisions have been made we will let everyone know. We will be using Zoom. We will be holding services in church. Please wait – organising the celebrations this year will be complicated. **HOWEVER** – please don’t leave it to others – if you have ideas for Christmas, please let the Rector know.

I saw a quote recently, which I have put elsewhere in the magazine. Something like “Carrying the cross of Christ is like the sails being a burden to a ship, or wings like a burden to a bird.” Corona virus and the restrictions about it are a burden to all of us. I hope we will be able to use this time creatively, so that they are like, to us, the sails of a ship or the wings of a bird.



I am pleased to announce that after three years hard work I have been awarded a first class degree in Salad Preparation.
I now have lettuce after my name.

Just seen the grave of the oldest man whoever lived. 167. His name was Miles from Glasgow . .



MARY POPPINS WENT INTO a Restaurant and had THE midweek SPECIAL. AS SHE WAS LEAVING SHE WAS ASKED TO LEAVE A REVIEW ON TRIP ADVISOR. THE REVIEW SAID: "Super CAULIFLOWER CHEESE BUT APPLE PIE ATROCIOUS!"

Anglican & Diocesan Cycle of Prayer

The Cycle of Prayer now includes congregations and clergy in the Diocese of Argyll & The Isles, the former diocese of our new Bishop (in post from 1st July 2020 and now resident in the Diocese). Please pray for him too.

NOVEMBER 2020

Sunday 1st November All Saints' Day

ANGLICAN

The Church of the Province of West Africa:
The Most Revd Dr Jonathan Bau-Bau Bonaparte Hart, Primate & Metropolitan, Church of the Province of West Africa; Archbishop of the Internal province of West Africa and Bishop of Liberia

DIOCESAN

Chaplaincy in Hospitals, Education and Commerce

Anglican Chaplaincy, University of Glasgow (Kevin Francis)

Episcopalians in isolated parts of the country

Daily Prayers

- 2nd The faithful departed
- 3rd Thanksgiving for living fellowship
- 4th Those who mourn
- 5th Deceased Clergy and Lay Readers
- 6th For abandoned and orphaned children
- 7th For the families of those who died in war

Sunday 8th November

Twenty-Second Sunday after Trinity (Remembrance Sunday)

ANGLICAN

The Church in the Province of the West Indies:

The Most Revd Howard Gregory, Primate and Bishop of Jamaica and the Cayman Islands

DIOCESAN

North Ayrshire Team: St Andrew's, Ardrossan; St Peter's, Dalry; St Andrew's, Irvine (Sandy Montgomerie, Linda Whitby, Margaret Williams)

St James, Ardbrecknish (Diocese of Argyll and The Isles)

Daily Prayers

- 9th Erskine Hospital and nursing home
- 10th The Methodist Church in Scotland (Mark Slaney)
- 11th The Scottish Poppy Appeal
- 12th Pastoral Assistants, Eucharistic Assistants, Worship Leaders and Spiritual Companions in the Diocese.
- 13th The United Reformed Church (David Pickering)
- 14th The Mothers' Union in Scotland

Sunday 15th November

Twenty-Third Sunday after Trinity

ANGLICAN

The Church of Ceylon (Extra-Provincial to the Archbishop of Canterbury): The Rt Revd Dhiloraj Ranjit Canagasabey, Bishop of Colombo; The Rt Revd Keerthisiri Fernando, Bishop of Kurunegala

DIOCESAN

Holy Trinity, Ayr (Martyn Trembath)

St Oswald's, Maybole (Jim Geen)

St Margaret's, Whiting Bay, Isle of Arran (Diocese of Argyll and The Isles)

Daily Prayers

- 16th Lay Representatives, Alternate Lay Representatives and members of Regional Councils
- 17th For all those working in the postal and courier services

& Daily Intentions

- 18th For those struggling with poverty
- 19th For relief from famine and disease in East Africa
- 20th Porvoo Link: The Estonian Evangelical Lutheran Church
- 21st Staff and patients in hospitals, hospices and nursing homes

Sunday 22nd November

Sunday next before Advent (Christ the King)

ANGLICAN

The Church of Bermuda (Extra-Provincial to the Archbishop of Canterbury): The Rt Revd Nicholas Dill, Bishop of Bermuda

DIOCESAN

St Columba's, Largs (Gordon Fyfe).

St Ninian's, Prestwick (Jane Ross).

St John's, Ballachulish (Diocese of Argyll and The Isles).

Daily Prayers

- 23rd For the people of the Church of Ireland
- 24th The work of the Mission Aviation Fellowship
- 25th For the people of Scotland
- 26th The Church of Scotland
- 27th The Roman Catholic Church in Scotland.
- 28th Those in training for ordained and lay ministries.

Sunday 29th November Advent Sunday

ANGLICAN

The Lusitanian Church (Extra-Provincial to the Archbishop of Canterbury): The Rt Revd Jorge Pina Cabral, Bishop of the Lusitanian Church

DIOCESAN

Holy Trinity, Kilmarnock (Vacant).

St Ninian's, Troon (Vacant).
St Kiaran's, Campbeltown (Diocese of Argyll and The Isles).

Daily Prayers

- 30th The people of Somalia

DECEMBER 2019

- 1st Retired clergy and those in Post-Retiral Ministry
- 2nd For all those living with HIV and AIDS
- 3rd Thanksgiving for living fellowship
- 4th The rejection of discrimination and stigmatisation
- 5th The People of Finland (National Independence Day)

Sunday 6th December

Second Sunday of Advent

ANGLICAN

The Reformed Episcopal Church of Spain (Extra-Provincial to the Archbishop of Canterbury): The Rt Revd Carlos López-Lozano, Bishop of Spanish Reformed Episcopal Church

DIOCESAN

St John the Evangelist, Annan; St John the Evangelist, Eastriggs; All Saints, Gretna; (Martin Callaghan, Melvyn Redgers).

All Saints, Lockerbie; St John the Evangelist, Moffat (Paul Singh, John Stevenson).

Holy Trinity, Dunoon (Diocese of Argyll and The Isles).



Kalendar

NOVEMBER 2020

Sun 1st	All Saints' Day		
	anytime	YouTube worship compiled by Les	
	10.30am	Said Eucharist in Church and via Zoom (see back page)	
	from 11am	SEC Provincial Service on Facebook and YouTube	
Mon 2nd	All Souls		
Thu 5th		10am	Coffee Time chat and prayer via Zoom (see back page)
Sat 7th		10am	Mothers' Union Diocesan Council via Zoom (see page 10)
Sun 8th	Remembrance Sunday (Twenty-Second Sunday after Trinity)		
	anytime	YouTube worship compiled by Les	
	10.30am	Said Eucharist in Church and via Zoom (see back page)	
	from 11am	SEC Provincial Service on Facebook and YouTube	
Wed 11th		7.30pm	Mothers' Union meeting via Zoom (see page 10)
Thu 12th		10am	Coffee Time chat and prayer via Zoom (see back page)
Sat 14th	Consecration of Samuel Seabury, Bishop, 1784		
Sun 15th	Twenty-Third Sunday after Trinity		
	anytime	YouTube worship compiled by Les	
	10.30am	Said Eucharist in Church and via Zoom (see back page)	
	from 11am	SEC Provincial Service on Facebook and YouTube	
Mon 16th	Margaret of Scotland, 1093		
Thu 19th		10am	Coffee Time chat and prayer via Zoom (see back page)
Sun 22nd	Christ the King - Sunday next before Advent		
	anytime	YouTube worship compiled by Les	
	10.30am	Said Eucharist in Church and via Zoom (see back page)	
	from 11am	SEC Provincial Service on Facebook and YouTube	
Thu 26th		10am	Coffee Time chat and prayer via Zoom (see back page)
Sun 29th	Advent Sunday		
	anytime	YouTube worship compiled by Les	
	10.30am	Said Eucharist in Church and via Zoom (see back page)	
	from 11am	SEC Provincial Service on Facebook and YouTube	
Mon 30th	Andrew, Apostle, Patron of Scotland		

The Kalendar reflects the current expectations for services and events over the next month or so. If there are any changes during the currency of this magazine, we'll update our website and advise those who receive the Link by email of changes to the Kalendar. The Link can be downloaded from: link.stcyprianslenzie.com.

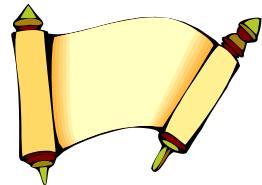
DECEMBER 2020

Thu 3rd 10am **Coffee Time** chat and prayer via Zoom (see back page)

Sun 6th Second Sunday of Advent

anytime	YouTube worship compiled by Les
10.30am	Said Eucharist in Church and via Zoom (see back page)
from 11am	SEC Provincial Service on Facebook and YouTube

Sunday Readings



All Saints' Day

1st November 2020

Revelation 7:9-17
Psalm 34:1-10, 22
1 John 3:1-3
Matthew 5:1-12

Remembrance Sunday (Twenty-Second Sunday after Trinity)

8th November 2020

Micah 4:1-5
Psalm 23
Romans 8:31-end
John 15: 9-17

Twenty-Third Sunday after Trinity

15th November 2020
Zephaniah 1:7, 12-18
Psalm 90:1-8, (9-11), 12
1 Thessalonians 5:1-11
Matthew 25:14-30

Christ the King

22nd November 2020
Ezekiel 34:11-16, 20-24
Psalm 100
Ephesians 1:15-23
Matthew 25:31-46

First Sunday of Advent

29th November 2020
(Start of Lectionary Year B)
Isaiah 64:1-9
Psalm 80:1-7, 17-19
1 Corinthians 1:3-9
Mark 13:24-37

Second Sunday of Advent

6th December 2020
Isaiah 40:1-11
Psalm 85:1-2, 8-13
2 Peter 3:8-15a
Mark 1:1-8

10.30 am Sunday Eucharist

In August, we resumed worship in our church building with a weekly Service of the Word and, at the beginning of September, we restarted our 10.30am Eucharistic service.

The service is similar to what we had before lockdown in March except that we have to wear masks and observe strict social distancing at all times. We're also not allowed to sing, but we do now have live music either on the organ or the piano.

Les, as the priest in the service, has to observe lots of extra hygiene rules to keep us all safe. People can only receive in "one kind," i.e. only receive the bread. Les stands at the foot of the chancel steps to distribute the bread to members. We each come forward to receive

individually (or in a small single household group). You come forward, receive and then immediately step to the side before returning to the pew. Les will give plenty of guidance through the service for those who are new.

We are continuing to stream the service via Zoom for those who choose not to come to church. It's been a learning experience, but the Zoom experience now seems to be much better than when we first started. We try to involve our Zoom participants in the service, including through readings and intercessions, which is now working well. The order of service is projected on screen and is available on the website and by email. If anyone wants a "paper" version of the order, please let Les know. If you have any comments or suggestions, please let us know.

Rotas

Date	Reader	Intercessor
1 Nov	Kevin Wilbraham	Gavin Boyd
8 Nov	Janet Faughey	Jacqui Stother
15 Nov	Eileen Ferry	Mary Haigh
22 Nov	Diana Farnell	Glennis Tavener
29 Nov	Sally Hadden	Jackie Fenton
6 Dec	Mary Boyd	Aileen Mundy

Coffee Time

While we are back in church for worship, we are not able to have social gatherings in person. Coffee Time fills the gap by providing an opportunity to join in a chat and prayer time every Thursday morning from 10 via Zoom.

If you are subscribed to the Link email (sign-up at stcyprianslenzie.com), you will receive invitations to Coffee Time (as well as the Sunday Service if you are not able or comfortable with coming in person).

Usually the emails go out one or two days before. All you need to do to take part is to click on the link in the email and follow the prompts on the screen to download the Zoom App (if you haven't already got it) and then join the meeting. If you haven't got a suitable device, you can also join in sound only by phone. If you need any help, please phone the Rector or Paul Hindle.