

# CYPRIAN *Life*



## Scottish Episcopal Church Diocese of Glasgow & Galloway

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**The News Magazine of  
St. Cyprian's Church,  
Beech Road, Lenzie, Glasgow. G66 4HN**  
Scottish Charity No. SC003826

*The Scottish Episcopal Church is in full  
communion with the Church of England and  
all other churches of the Anglican  
Communion throughout the world*

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spaces, e.g., [3cgroup@stcyprianslenzie.com](mailto:3cgroup@stcyprianslenzie.com).

# Rector's Letter



*Dear Friends,*

**Particularly for those people I have not been able to see over the last few weeks, I hope you had a blessed Christmas and are already experiencing a happy and enjoyable New Year. Many of you, like me, have been enduring a particularly nasty bug over the Christmas period. I hope you recover soon and begin to enjoy this New Year. May I take this opportunity to thank all those people who have helped ensure the Services have continued while I have been ill, particularly Moira, Glennis, Eric and Fred.**

I have been thinking over the last few weeks just how easily means become ends in themselves and we forget the original reason for the things we do. This seemed to apply to many Christmas activities. For example, Christmas is the time we celebrate the Incarnation when God in Christ came to earth as a baby to save and redeem us, but the celebration has become an end in itself. For many people Christmas is just a celebration party without any religious significance at all. Our gift giving and card sending was supposed to be a token and a reminder of just how much God has given us in Jesus Christ, but probably

as a consequence of commercialism our gift giving has got out of control. People, especially children, are inundated with presents they do not need and often do not want: gift giving has become an end in itself. However, there are many good things about Christmas. People are very generous at this time of year as the Charities will confirm, and if we are buying presents for others we are not just thinking about ourselves. In addition, there is recognition that the family is an important aspect of Christmas, a reflection of God's blessing of family life by entrusting His Son to the care of Mary and Joseph.

The main point I am making is just how easy it is to lose sight of the original purpose of an activity and get caught up in the activity itself. As a consequence, we often end up not having a clear idea why we do certain things. So, it is valuable to ask ourselves why we do certain things because it reminds to look at ends not just to focus on the means.

This applies to our Christian lives and worship; we need to ask ourselves why we do things (end) not just do them because we always have (means). Why, is a good question: what is the point and purpose of reading the Bible, praying, singing hymns, listening to sermons, reading or singing the liturgy etc. The first question in the Westminster Shorter Con-

# Magazine & DNS Deadline

The next issue of *Cyprian Life* should be available in Church on Sunday 29<sup>th</sup> March. The deadline for material is 15<sup>th</sup> March and the magazine will cover April and May.

Please pass notes, articles, photographs and anything else that may be of interest to other members of the congregation to me by the deadline in order to give time for typesetting and printing. Electronic format is preferred since this is usually quicker and more accurate.

Please let me know about what is important to you. It is great to be able to report family events and things happening in our local community. Thank you.

This issue includes selected items from Diocesan News. The full Diocesan News can be downloaded from the diocesan website:

[www.glasgow.anglican.org](http://www.glasgow.anglican.org)

Click on the link on the home page to access the current and earlier editions. If you don't have Internet access, but would like to read DNS, please let me know. I'll be happy to print you a copy.

Diocesan News is published ten times per year. If you have items that would be of interest across the Diocese, please send them to the Diocesan News editor, Susi Cormack Brown, e-mail: [dns@episcopalglasgow.co.uk](mailto:dns@episcopalglasgow.co.uk) or by post to c/o Glasgow & Galloway Diocesan Centre, 5 St Vincent Place, Glasgow G1 2DH. Please send in prose text, i.e. not leaflets, adverts, posters or PDFs. The deadline for the next issue will be Monday 9<sup>th</sup> February 2009.

The views expressed in *Cyprian Life* and the Diocesan News are not necessarily those of the Editor of either publication or the Diocesan Information and Communications Group.

**Paul Hindle**

## Rector's Letter

fession (preparation course for those about to be baptised) gets right to the point.

**Question: What is the chief end of man?**

**Answer: Man's chief end is to glorify God, and to enjoy him forever.**

The answer is at first very straight forward; to glorify God i.e. it is to recognise His nature and character and to give voice to His love for mankind as expressed in Jesus Christ and through those who serve Him by seeking to meet the needs of others. But what does it mean to enjoy God? There does not seem to be much joy around in many churches! Perhaps there is in the more charismatic churches, but are they enjoying God or enjoying themselves or one another's company? Enjoying God, or even enjoying another person—what does that really mean?

When we fall in love with someone, we long to be with them; we simply want to enjoy their presence. Perhaps that is how we should be enjoying God. This sounds reasonable but how do we enjoy someone we cannot detect

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## Cover Picture

**Mary was greatly troubled at his words and wondered what kind of greeting this might be. But the angel said to her, "Do not be afraid, Mary, you have found favour with God. You will be with child and give birth to a son, and you are to give him the name Jesus."**

*Luke 1:29-31 (NIV)*

The Feast of the Annunciation of Our Lord to the Blessed Virgin Mary is on 25<sup>th</sup> March.

*continued from previous page*

with our five senses, it is beyond us. It is of course the work of the Holy Spirit to make God real to us. Can we help in the process? The answer is yes, there are a number of meditative techniques referred to as practising the presence of God, which can be used to enable us to draw closer to God and begin to enjoy Him more. I will try and deal with this topic in my next letter.

The main point to emphasise is that it is not Bible reading, praying, saying the liturgy, singing hymns or anything else we may do—these are all ‘means’, to an end—that ‘end’ is to Glorify God and enjoy Him forever.

*May God bless and enable you to enjoy Him forever,*

*Yours in Christ,*

*Geoff*

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## Help for Families Affected by Alcohol Abuse

**BASED on the Twelve Steps of Alcoholics Anonymous, Al-Anon family groups provide non-professional, free and confidential support for families and friends of alcoholics. Information can be obtained by visiting:**

**al-anonuk.org.uk or by calling the Glasgow information centre on 0141 339 8884 where volunteers can tell you your nearest group meeting.**

## The Link

**For the latest information about events at St Cyprian’s, please check the *Link* each week in Church or on our web site:**

**[www.stcyprianslenzie.com](http://www.stcyprianslenzie.com)** .

The Link in Word format and the colour version of this magazine in pdf format can be downloaded by clicking on the links on the Publications page.

If you would like to add an event to the Link and/or the website, please email the details to [link@stcyprianslenzie.com](mailto:link@stcyprianslenzie.com) or phone Kathryn Potts on 0141 578 0734.

## Pastoral Care

**One of the important purposes of Christ’s church is to provide the love and care we all need.**

If you, or anyone you know, would like a visit from a priest or the opportunity for a confidential chat and a prayer, please contact the Rector, Revd. Geoff Scobie, who will be happy to help in any way he can.

St. Cyprian’s also has a number of people who are authorised to visit and simply be a trusted friend who can be there to listen if you wish. Geoff can put you in touch with an appropriate person that may be best qualified to help. Please telephone Geoff on 0141-772 2907.

# The Future's Not Rosy for Midges

**ONE of the highlights of last year's General Synod was, for me, the arrival of the MIDGeS.**

This was the Overseas Committee's imaginative way of drawing our attention to the importance of the Millennium Development Goals (MDGs, geddit) which we're supposed to be achieving by 2015, a prospect which is not, at the moment, looking too rosy.

The Overseas Committee wished to encourage us to become like midges, annoying and needling people into doing something about these goals.

There's a theological principle at stake. God has created a world in which people should be able to live without fear: without fear of starvation, persecution, homelessness, poverty, ignorance, torture.

Human rights—on which the MDGs are based—is another way of talking about our God-given human dignity. So, at the risk of harping on, let me do a bit of midgy work.

Among the MDGs is that of banishing hunger and food insecurity. Initially, some

progress was made towards this goal but recently things have got worse again.

More of the world's crops are being used to fuel our greedy cars; more grain is being used to feed animals for the table, as living standards rise in India and China. Generally this pushes food prices up, making life harder for the very poor.

In December I visited Malawi as part of a Scottish Government project, looking for products to import into the UK. One of the principal aims was to visit the rice-growing area in the north of the country, as we (the Balmore Coach House with our partners Rainbow Turtle in Paisley) are planning to bring in a container of rice early this year to serve in schools and to sell in shops and on church stalls.

I spent a fascinating day touring round the country areas around Karonga, which are intensively farmed.

Malawi is one of the poorest countries in the world, with a per capita income of US\$ 170. For Africa it's densely populated, with 13.5 million people. Some 85 % of the popula-

# What's Good about Being 104? No Peer Pressure

**IT was hailed the best quote from a conference on old age jointly backed by the Scottish Episcopal Church, ACTS and Faith in Older People.**

'Wasteland or Harvest Field?' was an ecumenical exploration of the needs of older people and the benefits they bring to churches.

In all, 120 people attended the successful one-day gathering held at Gillis College in Edinburgh. It drew speakers and participants from as far afield as Inverness and Norwich.

The purpose was to share recent work on old age and spiritual care. A spokesman said:

"Demographic change alerts us to the importance of considering the needs of the older members of our society not least within our congregations.

"We hoped to encourage those involved in training pastoral carers, elders, clergy, chaplains and all who visit or work with older people on behalf of our churches to take the topic seriously!

"We had to refuse places to 40 people as the conference was fully subscribed so we hope to offer a similar event in May."

To subscribe to the Faith in Older People quarterly newsletter email [info@fiop.org.uk](mailto:info@fiop.org.uk).

tion derives its living from agriculture; 90% of all farmers are small holders.

Typically such farmers will own 4 acres, but farm only about half of it, will have a hoe as their basic tool, will use 60% of their production for food and 40% as a cash crop.

Daudi Phiri, a 'model farmer' whom I met, farms all his land, uses 1.5 acres for maize and cassava and the remaining 2.5 acres for rice, producing an amazing 2.4 tonnes.

Most of this he sells to purchase agricultural implements, seeds and fertiliser, to improve the family's housing, to pay for health care and for secondary education.

Unusually, Daudi Phiri owns a plough and oxen. Nevertheless the achievement of planting, weeding (three times during the growing season) and harvesting/threshing 2.5 acres by hand is extraordinary.

It is more than many can achieve, partly because of the cost of seed and fertiliser, and of agricultural implements, partly because of the sheer scale of the labour involved.

How can we help poor farmers in Malawi? By providing them with an international mar-

ket where they can get a better price for their crops and so begin to work their way out of poverty.

If all you can do is grow just enough to live off, you will never make progress.

If you can grow a surplus, get a better price for your crops, then you can start to buy some basic tools, spend more on seed and fertilizer, and send your children to secondary school. You can plan and build up your family and your community.

Over the last year, we have had a tremendous response from Episcopal churches across Scotland to appeals to sell the products we import from Swaziland.

If over the next few months you hear an annoying buzz, it means we're after you again to try some rice as well.

Or, of course, you could just give in and contact the Coach House on 01360 620254/742 before we strike.

**Revd Canon Prof John Riches**

*John is a director of the Balmore Trust.*

## The Drama of the Passion

**The Arts Chaplaincy in Scotland with the Actor's Church Union in Scotland will present a conference on 'The drama of the Passion' next month.**

It will be in the Concert Hall, Mill Street, Perth, on Saturday 21 March, 10am-3:30pm.

The conference is open to anyone in the SEC who might be interested in links between drama, theology and liturgy.

Programme: 10:00: Assemble and coffee. 10:30: Welcome and introduction—Ann Mazur (Scottish Area Chaplain, ACU). 10:45: Two Planks and a Passion; Theatre or Church

—Chris Taylor (Chaplain to the Arts in Cumbria). 11:45: Tour of the new Concert Hall. 12:30: Lunch. 1:30: Britten's Billy Budd -A Secular Parable of Salvation—Michael Fuller (Provincial Ministerial Education Officer). 2:30: Literature and the Passion—Donald Orr (Secretary to the Arts Chaplaincy in Scotland).

There is no charge for the day itself, but a charge of £2 will be made to cover the costs of coffee/tea throughout the day. (Lunch can be purchased from the Concert Hall cafeteria.)

Spaces are limited. Bookings should be made as soon as possible with Revd Ann Mazur at [ann@mazur.org.uk](mailto:ann@mazur.org.uk).

# Companions Together Worldwide

**March will see delegates from around Scotland gathering in Glasgow to exchange ideas on how to strengthen Companion Links with Dioceses overseas, building on relationships developed at the Lambeth Conference.**

Before last year's Lambeth Conference a number of overseas bishops and their spouses visited dioceses here in Scotland.

Many were from our Companion Dioceses and this time shared was clearly appreciated by our visitors.

Sharing in the life of other dioceses enabled many within our congregations to feel a closer link with our Companion Dioceses.

## ***But where did that lead us?***

The need to keep such conversations going has to be a high priority.

With that in mind the Provincial Overseas Committee will host a conference on 21 March in Glasgow to examine how we can develop our Companion Links with Dioceses overseas.

Chaired by Revd Canon Duncan McCosh, convener of the Overseas Committee of the SEC, the conference will be opened by our Primus, Bishop Idris Jones.

Bishop Idris said:

“First and foremost Lambeth 2008 was an experience as a result of which we felt ourselves to be part of a living and lively community that was of great relevance in the world at large.

“Ongoing dialogue is of the utmost importance to the future of the Anglican Communion. Mutual sharing and support increases the sense of partnership with dioceses that are far from us in physical distance and reduces emotional and theological distance too.

“Also we must not forget the needs of the poor as expressed through the walk of witness

that bishops and spouses shared together through the centre of London and the commitment of the Communion to support those agencies working to achieve the Millennium Development Goals.”

Bishop Idris will open the discussion with a scriptural introduction to companion linkages and a reflection on what he has brought back from his overseas experiences, and a discussion exploring what global links are for.

Other speakers include Revd Canon Edgar Ruddock, director of the international relations team at USPG: Anglicans in World Mission.

He will speak about how mission works in practice in today's world and how has it changed.

Revd Canon Stephen Lyon, general secretary of PWM (Partnership for World Mission), will offer practical advice for making Companion Links work and lead a discussion on what can we do to respond to the agendas.

Speakers will also share experiences of Companion Links in the Scottish context.

At the end of the day delegates can expect to have identified actions building on the value of the pre Lambeth Hospitality Initiative to develop and deepen the quality of Diocesan Link relationships and workings. These are expected to include ways in which we can:

- Seriously engage with the Millennium Development Goals (MDGs) and Five Marks of Mission;
- Renew and refresh relationships;
- Live out the challenge of the Lambeth Conference of ‘listening and learning’;
- Develop stronger more informed prayer links;
- Build on successes by sharing stories.

An on-line registration form can be found at [companionstogether.org.uk](http://companionstogether.org.uk),

—or contact me on 0141 332 2160, or e-mail [info@companionstogether.org.uk](mailto:info@companionstogether.org.uk).

**Gill Young**



# New Festival of Arts, Culture & Faith

**Have you ever been to Greenbelt (the annual, edgy Christian arts festival in Cheltenham)?**

**Have you never attended, but know of the concept?**

**Have you ever thought it would be good to have a similar festival in Scotland? Not MacGreenbelt, but something distinctly Scottish, arty, cultural and relevant to today.**

Think faith meeting culture - arts - theology - ecology - politics - philosophy - spirituality - justice.

If so, read on for the background to 'The Project'.

Last August's Greenbelt hosted a conversation for anyone interested in 'doing something like Greenbelt' in Scotland.

At a second meeting in Perth in November, Dot Reid, John Cross and Graham Maule were appointed to take the idea of a Scottish festival a step further by asking people to join a steer-

ing group.

Graham Maule, of Iona Community's Wild Goose Resource Group, explained: "This we are doing.

"People are currently being approached, and in the meantime we have done a little bit more thinking and a little more organising so that we have more of a presence and more opportunity for people to join and have a voice in this thing."

The working name of the project is 'The Project: a Scottish festival of arts, culture and faith'.

Graham added: "We agreed in Perth that a series of smaller gatherings would be a good thing to shape the bigger event and to create a community of people willing to invest their time and energy in it.

"That will be the first task of the Steering Group—to call us together a couple of times in 2009."

Visit [bebo.com/theprojectscotland](http://bebo.com/theprojectscotland) to keep informed.

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## St. Cyprian

### "Quiet hope in a bad world"

**The following is an extract from a letter from Cyprian. He lived in the 3rd century, became Bishop of Carthage and was martyred for his faith. The letter was addressed to his old friend Donatus.**

"This seems a cheerful world, Donatus, when I view it from this fair garden, under the shadow of these vines. But if I climbed to some great mountain and looked out over the wide lands, you know very well what I would see: brigands on the high roads, pirates on the

seas; in the amphitheatres men murdered to please the applauding crowds; under all roofs misery and selfishness. It is really a bad world, Donatus, an incredibly bad world.

"Yet in the midst of it, I have found a quiet and holy people. They have discovered a joy which is a thousand times better than any pleasure in this sinful life. They are despised and persecuted, but they care not. They have overcome the world. These people, Donatus, are the Christians and I am one of them."

*Contributed by Gavin Boyd*

# Mothers' UNION

Christian care for families

## Branch AGM

It was good to welcome so many of our members, who braved the dreadful weather conditions, to our Branch's first AGM on Wednesday 14th January (six days before the first anniversary of our branch's inauguration—how time flies!!).

The evening started with a short Eucharist and I'm indebted to both Moira & Eric for organising this.

Eileen has agreed to replace Enid as Secretary. Enid has been so supportive and encouraging over the last year and always willing to give of her time freely. We recorded our grateful thanks to her in the usual manner. I'm pleased to report that Audrey is taking over running MU Enterprises in the branch. Margaret Duckworth kindly offered to be responsible for sending out cards on the various occasions. Eric has agreed to continue as treasurer for another year. I'm very grateful for all the work he does on our behalf.

To all these people and to the many others in the branch who have helped in anyway over this past year, a VERY BIG THANK YOU.

We look forward now in confidence and in faith.

**Catherine Gunnee**

### Future MU Meetings

#### Wednesday 11<sup>th</sup> February 2009

An evening of preparation for the forthcoming Celebration of Baptism weekend. It is hoped that as many members and friends as possible will come along to help with the setting up of displays, flowers etc.

#### Wednesday 11<sup>th</sup> March 2009

The evening is entitled "Lord, teach us to pray" Geoff is coming to speak to us at this Lenten meeting. Everyone is welcome.

Please note that there will be no meeting in April due to Holy Week.



# Through Water and the Spirit

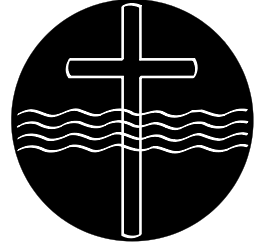
## A Celebration of Baptism

**Saturday 14th February 11am-3.30pm**

**A display of Christening Robes and memorabilia through the ages.**

**Sunday 15th February 10.30am**

**A special Eucharist to include a renewal of Baptismal Vows**



We are endeavouring to contact as many persons as possible who have been baptised in St Cyprian's.

We are also looking for Christening Gowns and memorabilia of family baptisms to be dis-

played in Church on the above weekend.

Anyone who can assist us with this, or who has a form to return, should contact Audrey (01236 729075), Catherine (578 1937), or Eileen (775 0621).



**Mothers' UNION**  
Christian care for families

**make a mother's day**



**make a mother's day** is Mothers' Union's ethical gifts campaign for Mothering Sunday. Give a mum or carer a Mothering Sunday gift, or buy a gift 'in memory' of a mum, and help a family in tough circumstances through Mothers' Union. When you buy a gift from the catalogue, you are buying a **VIRTUAL** gift

Helping parents provide for their children, empowering communities, or giving pregnant mums vital healthcare, Mothers' Union makes a startling difference to families across the world.

Gifts range from £6 to £150.

Anyone interested can obtain further literature from Catherine or alternatively order online at [www.makeamothersday.org](http://www.makeamothersday.org)

Orders must be received by 13th March.



### A Different Look at Christmas Carols

**On Wednesday 10th December we welcomed Alastair Chisholm, organist at the Cathedral of the Isles (centre back in the picture) who gave us a different experience of Christmas Carols.**

It was a very interesting and enjoyable time and we are very grateful to Alastair for taking the time to host the evening. During the evening, local girl guides presented baby clothes to support the project to provide clothing for premature and still-born babies.

# Kirkintilloch, Lenzie & District Christian Aid Group

**I am taking the opportunity afforded by the publication of our first church magazine of the new year to advise readers of monies made during 2008 charitable events.**

- Spring Fair held in March raised £2845.07
- Lenzie Churches Coffee Morning during Christian Aid week £355.60
- Door to door collections and fund raising during Christian Aid week £8530.18 (which included £818.40 collected by St. Cyprian's representatives)

Many thanks to everyone who helped. Your support is much appreciated.

The first event for 2009 will be the Spring Fair (see opposite for details). Please help if you can by donating items to sell: groceries, household items, jewellery, books, CDs, DVDs, toys, toiletries, "antiques", these being in a good condition that would tempt someone to purchase them. We also need home baking for the tea room and the baking stall. The baking stall is especially popular, there never being anything left for sale half-way through the morning. As for the tea room, half of Kirkintilloch and Lenzie queue for their morning coffee and scone/cake. Need I say more--lots of baking is needed, please! St. Mary's Church Hall will be open 7-9 pm on Friday, 6<sup>th</sup> March for anyone to drop off their donations. Failing that, it will be open at 9 am on the day of the sale. You can also call me on

0141 775 0621 if you want anything uplifted. Every item you can spare will help to reduce the plight of someone suffering in the poorest parts of the world.

## **Campaign 2009—Copenhagen World Climate Conference**

**This will be a focus of Christian Aid in 2009.**

We in Kirkintilloch and Lenzie branch are planning a united evening service of prayer and praise. This will be held in Kirkintilloch Baptist Church on Sunday 26<sup>th</sup> April. The theme will be World Climate. More information in the next *Cyprian Life* magazine.

## **CHRISTIAN AID WEEK 2009 10th - 16th May**

Last year in my request for collectors, I asked for us to make it a better year than the year before and that request was granted: we made an increase of £40.42. Who knows what we can do in 2009? Your support is valuable.

For those who use Directory Enquiry Services, I am advised that if you call **118 708**, a contribution of 9p to Christian Aid is made for each call. Calls cost 14p/min plus 59p connection charge from BT landlines.

Please pray for the people in the poorest parts of the world, and also for those who are working to alleviate pain and suffering

**Eileen Ferry**



**We believe in life before death**

christian  
**aid**

# SPRING FAIR



*St Mary's Parish Church Halls*  
*Saturday*

**7th March 2009**

**10.30am to 1.30pm**



**Stalls,  
Tombola,  
Tearoom**

Christian Aid  
Registered Charity No. SC039150

[www.christianaid.org.uk](http://www.christianaid.org.uk)

# Christmas Quiz

## Answers

- |    |                 |   |
|----|-----------------|---|
| 1  | A I A M         | Away in a manger  |
| 2  | C R O A O F     | Chestnuts roasting on an open fire                                |
| 3  | E S A S A M     | Everybody stops and stares at me (2 front teeth)                  |
| 4  | D D M O H       | Ding dong merrily on high   |
| 5  | R A T C T       | Rockin' around the Christmas tree                                 |
| 6  | L T A I B       | Long time ago in Bethlehem (Mary's boy child)                     |
| 7  | J T T W         | Joy to the world  |
| 8  | I H A B C W Y   | I'll have a blue Christmas without you                            |
| 9  | O T F D O C     | On the first day of Christmas                                     |
| 10 | W H S W T F     | While humble shepherds watched their flocks                       |
| 11 | Y B W O         | You'd better watch out (Santa Claus is coming to town)            |
| 12 | F U U A C I B   | For unto us a child is born ( from Handel's Messiah)              |
| 13 | W S G S U T C   | When Santa got stuck up the chimney                               |
| 14 | D T T S         | Dashing through the snow (Jingle Bells)                           |
| 15 | I H I L         | Infant holy, infant lowly   |
| 16 | C S B S         | City sidewalks, busy sidewalks, (Christmas time in the city)      |
| 17 | I D O A W C     | I'm dreaming of a White Christmas                                 |
| 18 | O L T O B       | O little town of Bethlehem  |
| 19 | I T M W T O T Y | It's the most wonderful time of the year.                         |
| 20 | S T N W T T L L | Said the night wind to the little lamb (Do you hear what I hear?) |
| 21 | I B T L A L L C | It's beginning to look a lot like Christmas                       |
| 22 | H W C A W       | Here we come a-wassailing   |
| 23 | J H T S B J     | Just hear those sleigh bells jingling (Sleigh Ride)               |
| 24 | I C U T M C     | It came upon the midnight clear                                   |
| 25 | D T H W B O H   | Deck the halls with boughs of holly                               |
| 26 | S B R A Y L     | Sleigh bells ring, are you listening (Winter wonderland)          |
| 27 | W C I T         | What child is this?   |
| 28 | J B J B J B R   | Jingle bell Jingle bell Jingle bell rock                          |
| 29 | G R Y M G       | God rest ye merry, gentlemen                                      |
| 30 | A F             | Adeste Fideles  |

31	STIC	So this is Christmas
32	ISMKSC	I saw Mummy kissing Santa Claus
33	AFTROG	Angels from the realms of glory
34	OTWOIF	O the weather outside is frightful. (Let it snow)
35	HTHAS	Hark, the herald angels sing
36	CIFTCCATCT	C is for the candy canes around the Christmas tree
37	GTIOTM	Go tell it on the mountain
38	GKWLO	Good King Wenceslas looked out
39	AROHFITS	A ray of hope flickers in the sky (When a child is born)
40	THATI	The holly and the ivy
41	ISTSCSI	I saw three ships come sailing in
42	CASTHM	Christians awake, salute the happy morn
43	ICTTNNTBA	It's Christmas time , there's no need to be afraid (Do they know it's Christmas)
44	AYHUYSOTW	Are you hanging up your stockings on the wall?
45	OCTOCT	O Christmas tree, O Christmas tree
46	RTRNR	Rudolph the red nosed reindeer
47	SNHN	Silent night, holy night
48	IDWALFC	I don't want a lot for Christmas (All I want for Christmas is you)
49	TCIAKTCS	The child is a king, the carollers sing (Mistletoe & wine)
50	SATWS	See, amid the winter's snow.

## Scottish Bible Society

Lenzie Action Group present an evening with

# **GLASGOW STRATHSPEY & REEL SOCIETY**

Guest Artiste; Beryl Fisher

**LENZIE UNION PARISH CHURCH**

Saturday 7th February 7.30.p.m.

Tea & Coffee served    Ticket £8



# Vestry Notes

There has not been a Vestry meeting since the last issue of *Cyprian Life* went to press. The notes of the meeting that took place on 3<sup>rd</sup> December have still to be compiled, so it will be reported later.

The Charities Committee has chosen the following charities to receive donations from our Charities Sunday funds for 2008/9:

Park Centre  
Caledonian Award  
Mission to Seafarers  
Cruse Bereavement  
Contact Point  
Interserve  
Tearfund  
Christian Aid  
Cue & Review  
Kidney Research  
Mission Aviation Fellowship  
Deaf Blind  
Seagull Trust  
Erskine Hospital  
Marie Curie



City Mission  
Chest, Heart and Stoke Association  
Sight Savers  
Glasgow Old Peoples's Welfare  
Christian Nurse International

Some money has also been held back to be used to support a charity that may come to our attention as being deserving of funding at a later date during the year. With the "credit crunch", this seems more likely to occur this year.

If you would like to add a further donation to that of St Cyprian's, please hand the same to our Treasurer Maxine Gow in an envelope marked with the name of the charity you wish to support.

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## Lent Study

There will be five ACTS study groups in Lent using the Sense Making Faith Material from the CTBI in conjunction with BBC Radio 4 and local radio. There is more information at the website: [sensemakingfaith.org.uk](http://sensemakingfaith.org.uk).

The dates and venues are as follows. All meetings start at 7.30pm.  
Tuesday, 3<sup>rd</sup> March in St. David's Memorial Park Church  
Tuesday, 10<sup>th</sup> March in Kirkintilloch Baptist Church  
Wednesday, 18<sup>th</sup> March in Holy Family & St. Ninian's Church  
Thursday, 26<sup>th</sup> March in Hillhead Parish Church  
Thursday, 2<sup>nd</sup> April in Lenzie Union Parish Church  
**Everyone is welcome**—please do come along!





# Appeal to St. Cyprian's



Founded 1826

19 Elderpark Workspace  
100 Elderpark Street, Glasgow G51 3TR

[www.glasgowcitymission.com](http://www.glasgowcitymission.com)

Tel (0141) 445 8608

Fax (0141) 445 8849

**In December, I attended a M.U. meeting at Cumbernauld where the speaker was Revd. Andrew Low, the Chief Executive Officer for Glasgow City Mission. I was very impressed by his talk about what brought him from Canada to work in the mission field in Glasgow and to hear about the work of Glasgow City Mission.**

After the meeting I spoke to Andrew and told him how we at St. Cyprian's were supporting the mission by providing food and toiletries from time to time and he thanked me for this support. I asked him if there was any other way that St. Cyprian's could help and have since received the letter printed below.

**Moirra Jamieson**

. . . . . You mentioned that I should contact you if GCM had any specific needs that St Cyprian's Episcopal Church may be able to help with. I recently had a meeting with GCM staff about our ongoing food costs as we serve Glasgow's homeless and vulnerable men and women. I was amazed to find out that we spend roughly £1,300 per year on Knorr Bouillon Stock for our soup. Yet, this cost isn't actually that surprising when I consider that we actually serve over 32,000 cups of soup each year!

We have a dedicated team of volunteers who come in during the day and make home-made soup for our evening opening. Soup may be simple, but it is warm, freshly made and full of vegetables and nutrients. What better to offer men and women coming in from the cold? Especially as this soup may be the only source of fresh food and nutrients that they will get. We never underestimate how much it means to an individual to serve them and treat them like someone of worth. This action is such a practical expression of Christian love.

I wonder if St Cyprian's Episcopal Church could help by providing some of the stock that we need? The church congregation could either collect packs of Knorr stock cubes or make a donation towards the financial cost that we incur. I appreciate that the total amount we require is great, but if the church could help with a months supply, or collect stock cubes on a continuing basis, then that would be a great help.

We currently purchase this in 2kg tubs in two different varieties (vegetable and ham), but this is quite expensive for an individual to buy on their own. If individuals from the church could buy packs of vegetable and ham Knorr stock cubes from the supermarket then that would be equally as useful.

This really is a practical way in which the church can ensure that we can continue to meet the immediate needs of Glasgow's most vulnerable.

If you would like more information, or just to talk through this idea, then please give me a call and I would be happy to discuss further.

Yours sincerely  
Revd. Andrew Low  
Chief Executive Officer

A company Limited by  
Guarantee, incorporated in  
Scotland, registered no 140322  
Scottish Charity No. SC001499

# Anglican & Diocesan Cycle of Prayer

## FEBRUARY

### Sunday 1<sup>st</sup>, Epiphany 4

#### ANGLICAN

The diocese of Manicaland in Central Africa.  
(vacancy)

#### DIOCESAN

St John the Evangelist in Dumfries (Robin Paisley, Andrew MacKenzie) and Christ Church in Dalbeattie (Kenneth Stephen, Beryl Scott)

#### Daily Prayers

- 2<sup>nd</sup> For Christian Stewardship
- 3<sup>rd</sup> For Missions to Seafarers and the work of the RNLI
- 4<sup>th</sup> Our Christian neighbours
- 5<sup>th</sup> Christian homes and family life
- 6<sup>th</sup> Respect and understanding for people of different faiths
- 7<sup>th</sup> Thanksgiving for companions on the journey of faith

### Sunday 8<sup>th</sup>, 3<sup>rd</sup> before Lent

#### ANGLICAN

The diocese of Maseno South in Kenya and The Rt Revd Francis Mwayi Abiero

#### DIOCESAN

St James-the-Less in Bishopbriggs (Shelley Marsh, Bryan Owen) and St Matthew's in Possilpark (David Wostenholm).

#### Daily Prayers

- 9<sup>th</sup> For The Aberlour Child Care Trust
- 10<sup>th</sup> The Evangelical Lutheran Church of Iceland
- 11<sup>th</sup> Safety for all young adults, at home and abroad
- 12<sup>th</sup> For sincerity, truth and growing love in our relationships
- 13<sup>th</sup> For purity in all our loving

relationships

- 14<sup>th</sup> All young couples on their journey through life together

### Sunday 15<sup>th</sup>, 2<sup>nd</sup> before Lent

#### ANGLICAN

Matlosane (formerly Klerksdorp) - (South Africa) and The Rt Revd Stephen Molopi Diseko

#### DIOCESAN

St Mary's Cathedral (Kelvin Holdsworth, Caroline McKillop, John Riches, Shona Lillie) & Cathedral Chapter.

#### Daily Prayers

- 16<sup>th</sup> The recently appointed Diocesan Surveyor, Mr Elliot Glen-Esk
- 17<sup>th</sup> For all whose ministry is in the voluntary sector
- 18<sup>th</sup> For all whose ministry is expressed in the healing professions
- 19<sup>th</sup> For Health Visitors and District Nurses
- 20<sup>th</sup> For all "Maggie's" Cancer Care centres throughout Scotland
- 21<sup>st</sup> The Evangelical Lutheran Church of Finland

### Sunday 22<sup>nd</sup>, Last before Lent

#### ANGLICAN

Melbourne - (Victoria, Australia) The Most Revd Philip Leslie Freier; Eastern Region, The Rt Revd Stephen John Hale; Northern Region, The Rt Revd Philip James Huggins; Southern Region The Rt Revd Dr John Warwick Wilson; Western Region The Rt Revd Paul White

#### DIOCESAN

East End Team Ministry: St John the Evangelist, Baillieston; St Kentigern's, Dennistoun; St Serf's, Shettleston (Vacancy, John Woodley).

#### Daily Prayers

- 23<sup>rd</sup> All those involved in the Social Care

# & Daily Intentions

of the elderly and disabled

24<sup>th</sup> The Diocesan Property Committee and Very Revd Dr Gregor Duncan

25<sup>th</sup> SEC: Provincial Standing Committee & Provincial Boards

26<sup>th</sup> The Fairtrade Foundation and Harriet Lamb (Director)

27<sup>th</sup> The Diocesan Synod in Glasgow on Saturday

28<sup>th</sup> The spirit of St David and the people of Wales (1<sup>st</sup>)

## MARCH

### Sunday 1<sup>st</sup>, Lent 1

#### ANGLICAN

Missionary Area of Macau - (Hong Kong) The Revd Simon Fan

#### DIOCESAN

Holy Name, Cumbernauld (vacancy, Barnabas Oguguo). St Cyprian's, Lenzie (Geoff Scobie, Moira Jamieson).

#### Daily Prayers

2<sup>nd</sup> For all those following Lent Study courses

3<sup>rd</sup> For generosity in The Bishop's Lent Appeal

4<sup>th</sup> All mothers of young and grown children

5<sup>th</sup> The Lusitanian Church of Portugal

6<sup>th</sup> All involved in marketing Fairtrade goods

7<sup>th</sup> The Diocesan Treasurer (Terry Lillie)

### Sunday 8<sup>th</sup>, Lent 2

#### ANGLICAN

Montreal, Canada, and The Rt Revd Barry B Clarke

#### DIOCESAN

St Augustine's, Dumbarton (Kenny Macaulay). St Bride's, Hyndland (Vacant, Sidney Maitland).

#### Daily Prayers

9<sup>th</sup> The Diocesan Stewardship Group (Jamie Hill)

10<sup>th</sup> The work of Quarriers Homes

11<sup>th</sup> African church leaders

12<sup>th</sup> An end to terrorism

13<sup>th</sup> Christian writers

14<sup>th</sup> A forgiving spirit

### Sunday 15<sup>th</sup>, Lent 3

#### ANGLICAN

Mount Kilimanjaro - (Tanzania) The Rt Revd Simon Elilekia Makundi

#### DIOCESAN

St Michael and All Angels, Helensburgh (David Cook). And St Mungo's, Alexandria (Sally Gorton).

#### Daily Prayers

16<sup>th</sup> The staff and volunteers of Community Centres

17<sup>th</sup> The People of Ireland (St Patrick)

18<sup>th</sup> For lasting peace in Ireland

19<sup>th</sup> Teachers of the Faith

20<sup>th</sup> Thanks for the Eucharist

21<sup>st</sup> Those persecuted for their faith

### Sunday 22<sup>nd</sup>, Lent 4

#### ANGLICAN

Mumbai - (North India) The Rt Revd Prakash Dinkar Patole

#### DIOCESAN

St Silas', Glasgow (David McCarthy). Drum-chapel Ecumenical Partnership

# Anglican & Diocesan Cycle of Prayer & Daily Intentions

*Continued*

## Daily Prayers

- 23<sup>rd</sup> Faithfulness in adversity
- 24<sup>th</sup> Rejoice in the free gift of salvation in Jesus
- 25<sup>th</sup> Pray for the peace of Jerusalem
- 26<sup>th</sup> Youth Action Network (Paul Fletcher)
- 27<sup>th</sup> Pastoral Assistants and Eucharistic Assistants in the diocese
- 28<sup>th</sup> Goeff, Moira, Eric and Glennis

## Sunday 29<sup>th</sup>, Lent 5

### ANGLICAN

Nakuru - (Kenya) The Rt Revd Stephen Njihia Mwangi

### DIOCESAN

Holy Cross, Knightswood; All Saints', Jordanhill (Alison Chesworth).

## Daily Prayers

- 30<sup>th</sup> Peace and justice in the world
- 31<sup>st</sup> Gentleness and a loving spirit

## APRIL

- 1<sup>st</sup> Wisdom for world leaders
- 2<sup>nd</sup> The Evangelical Lutheran Church in Denmark
- 3<sup>rd</sup> Thanks for the new spring growth
- 4<sup>th</sup> Growth in prayer

## Sunday 5<sup>th</sup>, Palm Sunday

### ANGLICAN

Church in the Province of the West Indies

### DIOCESAN

All Saints', Bearsden; St Andrew's, Milngavie; (Vacant).

Heart for the City (Lukas Njenga)

## Altar Guild

1 <sup>st</sup> February	Enid Scobie & Catherine Gunnee
8 <sup>th</sup> & 15 <sup>th</sup> February	Pam Bently & Avril Critchlow
22 <sup>nd</sup> February	Anne Carswell
1 <sup>st</sup> & 8 <sup>th</sup> March	Lent—brasses only
15 <sup>th</sup> & 22 <sup>nd</sup> March	Lent—brasses only
29 <sup>th</sup> March & 5 <sup>th</sup> April	Lent—brasses only

## Rotas: for you?

**St Cyprian's currently needs more volunteers in all departments because many tasks are being undertaken by a very small number of people. Please don't wait to be asked, just speak to the Rector or to those who organise the rotas:**

### *Readings & Sidesperson:*

Gavin Boyd ☎ 0141 776 2812

*Coffee:* Val Fallon ☎ 0141 776 2767

**Altar Guild:** Anne Carswell ☎ 0141 776 3354

Your help will be very much appreciated and volunteering is a good way to get to know other members of the congregation better.

# Sunday Readings and Readers

## Epiphany 4 (Presentation of Christ)

*1<sup>st</sup> February 2009*

Malachi 3.1-5  
*Sandy Jamieson*

Psalms 24

Hebrews 2.14-end  
*Maxine Gow*

Luke 2.22-40

## Last before Lent (Quinquagesima)

*22<sup>nd</sup> February 2009*

2 Kings 2.1-12  
*Maxine Gow*

Psalms 50.1-6

2 Corinthians 4.3-6  
*Kathryn Potts*

Mark 9.2-9

## Lent 4 (Mothering Sunday)

*22<sup>nd</sup> March 2009*

*Mothering Sunday Readings*

Exodus 2.1-10  
*Amanda MacKenzie*

Psalms 34.11-20

2 Corinthians 1.3-7  
*Sandy Jamieson*

Luke 2.33-35

## Third before Lent (Septuagesima)

*8<sup>th</sup> February 2009*

Isaiah 40.21-31  
*Catherine Gunnee*

Psalms 147.1-12

1 Corinthians 9.16-23  
*Dave Parfitt*

Mark 1.29-39

## Lent 1

*1<sup>st</sup> March 2009*

Genesis 9.8-17  
*Gavin Boyd*

Psalms 25.1-9

1 Peter 3.18-end  
*Sally Pitches*

Mark 1.9-15

## Lent 5

*29<sup>th</sup> March 2009*

**Passiontide begins**

**Reading of the Passion**

Psalms 51.1-13

Mark 14.1-15.47

## Second before Lent (Sexagesima)

*15<sup>th</sup> February 2009*

Proverbs 8.1,22-31  
*Jacqui Stother*

Psalms 104.26-end

Colossians 1.15-20  
*Barbara Parfitt*

John 1.1-14

## Lent 2

*8<sup>th</sup> March 2009*

Genesis 17.1-7,15,16  
*Anne Carswell*

Psalms 22.23-end

Romans 4.13-end  
*Vivienne Provan*

Mark 8.31-end

## Palm Sunday Liturgy of the Palms

*5<sup>th</sup> April 2009*

Isaiah 50.4-9a  
*Sandy Jamieson*

Psalms 31.9-16

Philippians 2.5-11  
*Maxine Gow*

John 12.12-16

## Lent 3

*15<sup>th</sup> March 2009*

Exodus 20.1-17  
*Enid Scobie*

Psalms 19.7-end

1 Corinthians 1.18-25  
*Kevin Wilbraham*

John 2.13-22



# Kalendar

FEBRUARY 2009

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**Sun 1<sup>st</sup> Fourth Sunday after Epiphany**  
9.15am Holy Communion (said)  
10.30am Sung Eucharist (including **Thanksgiving Service**)  
3pm Holy Communion at Lillyburn

**Mon 2<sup>nd</sup> The Presentation of the Lord**

**Thur 5<sup>th</sup> 10am Holy Communion in the Choir Vestry**

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**Sun 8<sup>th</sup> Fifth Sunday after Epiphany (Septuagesima)**

9.15am Holy Communion (said)  
10.30am Sung Eucharist

**Wed 11<sup>th</sup> 7.30pm Mothers' Union Meeting** in the hall (see page 10)  
—Preparation for **Through Water & the Spirit**

**Thur 12<sup>th</sup> 10am Holy Communion in the Choir Vestry**

**Sat 14<sup>th</sup>/Sun 15<sup>th</sup> MU Baptism Festival at St Cyprian's** (see page 11)

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**Sun 15<sup>th</sup> Sixth Sunday after Epiphany (Sexagesima)**

9.15am Holy Communion (said)  
10.30am Sung Eucharist

**Thur 19<sup>th</sup> 10am Holy Communion in the Choir Vestry**

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**Sun 22<sup>nd</sup> The Sunday before Lent (Quinquagesima)**

9.15am Holy Communion (said)  
10.30am Sung Eucharist

**Tues 24<sup>th</sup> Shrove Tuesday**

**Wed 25<sup>th</sup> Ash Wednesday**

7.30pm Holy Communion and Imposition of Ashes

**Thur 26<sup>th</sup> 10am Holy Communion in the Choir Vestry**

**Sat 28<sup>th</sup> 10am Diocesan Synod** at Glynhill Hotel, Renfrew

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MARCH 2009

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**Sun 1<sup>st</sup> First Sunday of Lent (David of Wales)**

9.15am Holy Communion (said)  
10.30am Sung Eucharist  
3pm Holy Communion at Lillyburn

**Tues 3<sup>rd</sup> 7.30pm ACTS Lent Group** at St David's Memorial Park, Kirkintilloch

**Thur 5<sup>th</sup> 10am Holy Communion in the Choir Vestry**

**Please see the Link for changes to the Kalendar. If you missed getting a copy at Church, it can be downloaded from the website.**

**Sat 7<sup>th</sup>**      10.30am - 1.30pm **Christian Aid Fair** at St Mary's Church Hall (see pages 12-13)

**Sun 8<sup>th</sup>**      **Second Sunday of Lent**

9.15am      Holy Communion (said)

10.30am      Sung Eucharist

**Tues 10<sup>th</sup>**      7.30pm      **ACTS Lent Group** at Kirkintilloch Baptist

**Wed 11<sup>th</sup>**      7.30pm      **Mothers' Union Event** in the hall  
—'Lord, teach us to pray' led by Geoff

**Thur 12<sup>th</sup>**      10am      Holy Communion in the Choir Vestry

**Sat 14<sup>th</sup>**      10.30am      **MU Spring Council Meeting** at Kilmarnock

**Sun 15<sup>th</sup>**      **Third Sunday of Lent**

9.15am      Holy Communion (said)

10.30am      Sung Eucharist

**Tue 17<sup>th</sup>**      **Patrick of Ireland, 461**

**Wed 18<sup>th</sup>**      7.30pm      **ACTS Lent Group** at Holy Family & St Ninian, Kirkintilloch

**Thu 19<sup>th</sup>**      **Joseph of Nazareth**  
10am      Holy Communion in the Choir Vestry

**Sun 22<sup>nd</sup>**      **Fourth Sunday of Lent (Mothering Sunday)**

9.15am      Holy Communion (said)

10.30am      Sung Eucharist

**Wed 25<sup>th</sup>**      **The Annunciation of the Lord**

11am      **Lady Day Service** at Bishopbriggs

**Thur 26<sup>th</sup>**      10am      Holy Communion in the Choir Vestry

7.30pm      **ACTS Lent Group** at Hillhead Parish

**Sun 29<sup>th</sup>**      **Fifth Sunday of Lent (beginning of Passiontide)**

9.15am      Holy Communion (said)

10.30am      Sung Eucharist

## **APRIL 2009**

**Thur 2<sup>nd</sup>**      10am      Holy Communion in the Choir Vestry

7.30pm      **ACTS Lent Group** at Lenzie Union

**Sun 5<sup>th</sup>**      **Holy Week - Palm Sunday (The Sunday of the Passion)**

9.15am      Holy Communion (said)

10.30am      Sung Eucharist

3pm      Holy Communion at Lillyburn

# Sunday Duty Rota

Date	10.30am								Counting
	9.15 am	Crucifer	Server	Old Testament	New Testament	Intercessions	Sides Persons	Coffee	
1 Feb	Aileen Mundy	Adrian Clark	Eric Parry	Eric Parry	Maxine Gow	Gavin Boyd	Glennis Tavener & Gavin Boyd	Fred & Catherine Gunnee	Barbara Parfitt & Kevin Wilbraham
8 Feb	Adrian Clark	Eric Parry	Paul Hindle	Catherine Gunnee	Dave Parfitt	Barbara Parfitt	Gavin Boyd & Enid Scobie	Maira & Sandy Jamieson	Maxine Gow & Andy Robb
15 Feb	Maira Jamieson	Paul Hindle	Adrian Clark	Jacqui Stother	Barbara Parfitt	Maira Jamieson	Kevin Wilbraham & Andy Robb	George & Anne Carswell	Gavin Boyd & Sandy Jamieson
22 Feb	Sally Pitches	Catherine Gunnee	Sally Pitches	Maxine Gow	Kathryn Potts	Eric Parry	Enid Scobie & Gavin Boyd	Pat & Paul Hindle	Eric Parry & Kathryn Potts
1 Mar	Aileen Mundy	Sally Pitches	Catherine Gunnee	Gavin Boyd	Sally Pitches	Enid Scobie	Sandy Jamieson & Gavin Boyd	Dave & Barbara Parfitt	Sally Pitches & Paul Hindle
8 Mar	Adrian Clark	Aileen Mundy	Maira Jamieson	Anne Carswell	Vivienne Provan	Gavin Boyd	David Parfitt & Glennis Tavener	Kevin & Fiona Wilbraham	Maxine Gow & Barbara Parfitt
15 Mar	Maira Jamieson	Eric Parry	Aileen Mundy	Enid Scobie	Kevin Wilbraham	Glennis Tavener	Gavin Boyd & Kevin Wilbraham	Avril Critchlow & Jean McConnell	Kevin Wilbraham & Gavin Boyd
22 Mar	Sally Pitches	Paul Hindle	Sally Pitches	Amanda MacKenzie	Sandy Jamieson	Barbara Parfitt	Andy Robb & Enid Scobie	Kathryn Potts & Maxine Gow	Kathryn Potts & Eric Parry
29 Mar	Aileen Mundy	Adrian Clark	Eric Parry	Audrey Groom	Catherine Gunnee	Eric Parry	Sandy Jamieson & David Parfitt	Audrey Groom & Val Fallon	Sandy Jamieson & Andy Robb
5 Apr	Adrian Clark	Catherine Gunnee	Paul Hindle	Sandy Jamieson	Maxine Gow	Gavin Boyd	Glennis Tavener & Gavin Boyd	Jean Kinnon & Eileen Ferry	Sally Pitches & Paul Hindle

**If you change duty with another person, please update the rotas posted in the Choir Vestry and at the back of the Church**